

OPPOSITES DO ATTRACT LUAU LURES LOTS OF LOAFERS ALTITUDE SICKNESS



## SKIWEAR, FANCY FURS HIGHLIGHT STYLE SHOW AT THE NOVEMBER MEETING

# HEAD OF THE LIFTLINE BY TANIA ANDRASKO

.....

Getting ready for ski season can be hard, whether planning your first ski trip or your fortieth, especially if you have decided you want to "get with it" and be in style this year.

If you need basic ideas for your first ski trip, want to see what's new for the season, or just want to get in the wintry mood, you won't want to miss the fashion show this month at the November meeting.

Your fellow SCSCers will be "strutting their stuff" in skiwear from Oshman's as well as fancy furs from Rupley Furs, just in time for holiday gift ideas!

Kay Broad, programs vice president, has worked with Shirley Andries, style show coordinator, in putting together a fun and inspiring show, just perfect for our stylish SCSC members. Shirley will be assisted in narration by Steve Van Pelt. They will keep the show rolling along with hints of stories on several models' past exploits many may have thought were long since buried.

While thinking about

ASK AN OFFICER
Tania
Kay 499-4710
John
Glenn
Jean
Karen
Art 772-3534

getting ready for ski season in your new outfit, don't forget the most important preparation you'll need, good conditioning. If you haven't already started an exercise program, you need to start now if you expect to be ready for your ski trip.

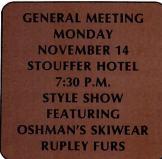
A well-conditioned body will have better stamina for long ski hours and much exercise at high altitudes, and a limber body will more easily withstand those falls we all experience.

Many probably saw a special advertising insert for Ski New Mexico that appeared in both the October issue of *Texas Monthly* and the recent issue of *Skiing* magazines. Some incorrect information contained in the advertising supplement needs to be corrected for our information and clarification.

The incorrectly identified 1983 "Texas Ski Cup" race mentioned is not the legitimate and trademarked Texas Ski Cup race of the Texas Ski Council, Inc. The race discussed in the advertisement and held in New Mexico is actually called the "Texas Cup" race and is put on by a promoter out of Lubbock for commercial purposes.

It is not designed as a club-to-club competition, as we have in the Texas Ski Council, but is more of a best-skier-on-the-mountain race. The Texas Ski Council best skier competition is provided through individual races, held during Texas Ski Week. Separate trophies are awarded from the Texas Ski Cup.

The Texas Cup race in New Mexico **in no way** has any affiliation with the Texas Ski Cup race of the Texas Ski Council. There is a substantial difference



between their record of 96 racers coming down the course and our 1700 at Snowmass last year!

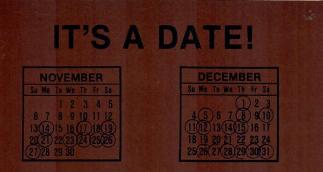
Be sure to read this month's enclosed brochure from the Texas Ski Council and note that "Texas Ski Cup," "Texas Ski Week" and "Texstar" are all official trademarks of the Texas Ski Council, Inc. Our trophy has been in existence since 1974 and is termed the "Texas Ski Cup," **not** the "Texas Cup," which has only existed for five years.

Keep in mind the Texas Ski Cup race, now termed the Texas Ski Cup Series, is the biggest and the best group ski racing available to Texas skiers! It deserves your attention in calling it by its correct name, the Texas *Ski* Cup!

Many have asked about the membership survey for which we have Sy Liebergot to thank or not to thank. Most filled out the survey when completing the membership application this year. We are now able to report near completion of the data input into the computer. We have Layna Adams to thank for her strong will and persistence. She offered her home and gave a lot of time in getting the survey information compiled. Layna put together

SCSC's first computer party in her home the weekend of October 21-23. No less than six computers from sources as varied as a neighbor, EXXON, Space City and members **Eric and Shirley Holm** and **Charles Goodrich**, were brought together at Layna's or put in use elsewhere throughout the weekend.

Giving generously of their time on a beautiful Indian summer weekend were Eric and Shirley Holm and Marty Matras, who worked almost all three days. Working at various times on the project during the weekend were Ann **Brod, Jerry Pyle, Peter** Thomas, Linda Gorman, Jean Ubico, Ron Smith and even Layna's former boss at EXXON and Layna's daughter. (continued on page 9)



#### NOVEMBER

- 14 General Membership Meeting, "Skiwear and Fur Style Show." 7:30 p.m. Stouffer Hotel, 6 Greenway Plaza East. Contact Tania Andrasko, 776-9754.
- 17 Happy Hour, 4:30 p.m. Barritoni's Irish Bar, 7320 Southwest Frwy.
- 19 Casino Party, 8:00 p.m. Harmony Hall, 3931 Ann Arbor. Contact Lynn Burch, 556-8402, or Tina Kendall, 497-0654.
- 21 Executive Committee Meeting. 7:00 p.m. Contact Tania Andrasko, 776-9754.
- 23-27 Fall Round Up at Keystone. Thanksgiving Skiing. Contact Bill Krell, 778-9603, or Bill DeLaGarza, 996-1212.

#### DECEMBER

- 1 Big Sky, Montana Pre-trip Party. 6:30 p.m. ChiChi's, 6353 Richmond. Contact Charla Merrel, 726-0329, or Dianne Tully, 466-6359.
- 5 Sun Valley B Pre-trip Party. 7:00 p.m. Mama's Cafe, 6019 Westheimer. Contact Kathy Myers, 960-9286, or Tom Mullins, 931-0116.
- 8 Ice Skating Party. 8:00 p.m., Galleria Ice Capades Chalet, 5015 Westheimer. Contact Kay Broad, 499-4710.
- 10 Texas Ski Council Meeting, Clear Lake City, Texas. Contact Jim McIntyre, 686-7809.
- 11 Tennis Tournament. 11:00 a.m. University Club, 5051 Westheimer. Contact Edith Lewis, 780-3069, or Fred Kinat, 667-8616.
- 12 General Membership Meeting. "Exercise and Safety Tips." 7:30 p.m. Stouffer Hotel, 6 Greenway Plaza East. Contact Tania Andrasko, 776-9754.
- 14 Sun Valley A Pre-trip Party. 7:00 p.m. Barratoni's Irish Bar, 7320 Southwest Frwy. Contact Bill Kirk, 774-5474, or Billie Nowak, 861-8581.
- 15 Happy Hour and Christmas Party, Vargo's, 2401 Fondren.
- 26-1 Christmas Skiing at Big Sky, Montana. Contact Charla Merrel, 726-0329 or Dianne Tully, 466-6359.

## Now. Ski without pain, in DaleBoots.

Patented DaleBoots can be custom-fitted and adjusted like no other ski boot. You get comfort, but you don't give up performance.

REGISTER FOR A FREE PAIR OF DALEBOOTS Downhill Boot Fitters 8304 West Little York • 466-1888

Hours: 10:30 am - 6:30 pm Monday-Saturday

### A FEW LINES FROM "THE OLE BROAD," YOUR V. P. OF PROGRAMS By Kay Broad

I want to start out by saying thank you to all who have either been an activity coordinator for one of our activities or a participant in one or more of the activities.

We had a fun summer with lots of things happening and good turn-outs for all but two events. Our Happy Hours have had really good turn-outs and everyone seems to be enjoying the once-a -month informal gettogethers.

To look into the crystal ball as to what the future holds, coming up we have the casino party, happy hours, an ice skating party, style show, lots of good speakers on some good topics, etc.

There are some events planned for the near future for which I will need volunteers....a wine and cheese party at Oshman's Ski Deck, a country and western night, a bridge night, tennis tournaments, a night at the theatre, etc. Some of these activities are in the final stages of planning and budgeting, so be watching for the sign-up tables at the November meeting.

If you have any ideas, suggestions or "wishes" of activities you would like to see offered, please contact me and we will certainly try to provide something for everyone! Just keep in mind that you must plan an activity three months ahead of time to get the budget approved by the Executive Committee and to get sufficient advertising in the *Sitzmarke*.

We hope you will continue to support your club for the meetings and activities. We are hoping to have door prizes at all the following meetings and they could prove exciting, so don't forget to mark the meetings on your calendars.

Bring your friends and spread the word that Space City Ski Club aims to provide entertainment and skiing for all to enhance their social calendars.

Again, I thank all of you who either helped or participated during these past months that I have been in office. It certainly makes for some fun times had by all.

## **DIRECTORY CHANGES**

For our club directory, we need updated addresses and phone numbers. If your name, address or phone number has changed since you applied for membership, please fill in the form below and return it at your earliest convenience.

If you or someone you know are not receiving the *Sitzmarke,* send in the form below to confirm that your address is correct.

NAME \_

PREVIOUS ADDRESS

CITY \_\_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (O)\_\_\_\_\_(H)\_\_\_\_\_

NEW ADDRESS\_\_\_\_\_

CITY \_\_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (O)\_\_\_\_\_(H)\_\_\_\_\_

MEMBERSHIP NUMBER\_\_\_\_

Send completed form to:

GLENN BISHOP, Membership Vice President Space City Ski Club, P. O. Box 22567, Houston, Texas 77227

# ALTITUDE SICKNESS CAN SLOW DOWN SKIERS WITH HEADACHES, SLEEPLESSNESS

#### By Steve Van Pelt, M. D.

Almost everyone who lives in Houston and travels to the mountains will be a victim of altitude sickness. The form of the illness may range from very mild to very severe.

The severity of the illness depends on how fast one ascends the mountains, how high in the mountains one goes and an individual's physiology. The most common variant of altitude sickness is called "acute mountain sickness."

It is characterized by headaches, nausea, vomiting, sleep disturbances and/or shortness of breath. It occurs arund seven to eight thousand feet above sea level. This "sickness" is self-limited (cures itself) and requires no treatment.

Altitude sickness results from the body's attempt to counteract the effects of hypoxia (lack of oxygen) that occurs in high altitude.

The increase in respiratory rate is to increase the amount of oxygen in the blood. The increase in the heart rate increases the amount of oxygen passing through the cells at any given time. The symptons are shortness of breath and a rapid pounding in the ears and chest.

Blood flow to the brain is regulated by receptors which are sensitive to the amount of oxygen and carbon dioxide in the blood and the acid-base balance of the blood. In the mountains, the sum of all these effects increase the blood flow to the brain.

It is this increased flow that is responsible for the headaches so commonly suffered. The changes in the acid-base balance may be the cause of the nausea and vomiting.

When one sleeps, respiratory and heart rate slows. This decrease in rates lower the amount of oxygen in the blood even more in the mountains. This is why you may find yourself waking at night, short of breath or not being able to get a deep breath.

Taking depressants such as alcohol or sleeping pills have the same slowing effects on the respiratory and heart rates.

With the various changes taking place in the body due to hypoxia, the quality of sleep also changes. Studies have shown that REM (deepest rest) is greatly decreased. So you are not only trying to get PAGE4 more oxygen to your cells and working harder to do it, you also are now not getting the rest you need.

The increased expenditure of energy for breathing and moving, in general, coupled with inadequate rest leads to another problem, fatigue. Fatigue is responsible for an increase in the incidence of injury and a decrease in athletic performance. Both are known to ruin a ski vacation.

At the present time, there is no way to prevent "acute mountain sickness" but there are several things that can be done to lessen its effects. A slower ascent to the mountain is not practical on a oneweek ski trip, but is very useful if one plans to stay longer.

Sleeping as low as possible is very helpful, especially in a place like Salt Lake City. In Salt Lake, one can ski all day at altitude, but at night can return to a much lower altitude for better sleep and higher oxygen content.

The healthier a person is, the less likely one is to experience altitude sickness. People suffering from sickle cell trait or disease, chronic respiratory or cardiac disease are in greater danger not only from altitude sickness, but also their underlying disease process. Being in excellent physical con-

Being in excellent physical condition does not in itself protect from altitude sickness, but it does help

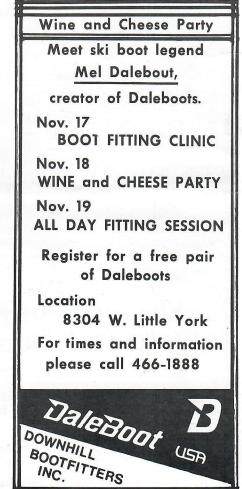
## ICE SKATING PARTY Thursday, December 8 Galleria Ice Capades Chalet 8 p 10 P.M. \$4.75 Total Cost with Skate Rentals FOR MORE INFORMATION Look for Table at the November Meeting Also Sign Up For FUN RUN OSHMAN'S SKI DECK BRIDGE NIGHTS

minimize the effects of altitude. This is due to a well-trained aerobic mechanism that is very efficient in its use of oxygen, thereby decreasing the demand for oxygen by the body.

Altitude sickness affects almost everyone that goes to the mountains. The higher one goes, the more serious the problem becomes. For the Texan going skiing, common sense and awareness of "acute mountain sickness" will lessen the problems caused by it.

Extra efforts for getting in good physical condition, getting as much rest as possible and drinking lots of fluids (i.e., water) will help the body get adjusted to the greater demands being placed on it.

Probably the hardest thing to do is to go easy for the first two or three days at the ski area. The bottom line is that is only temporary if not disappearing on the third or fourth day of your trip, it most certainly will be gone by the time you return home.



# 1983 - 1984 SCSC TRIP SCHEDULE\*\*

		1	T		1	· h					
TRIP	DATES Depart Hou. Depart Area	Ski Days	Price	Final Pmt. Date	No. Skiers	Lodgings Name Bedrm/Bath	Lift Ticket Prices	Special Activities	Trip Coordinator Asst. Trip Coordinators	Home Phone	Office Phone
*FALL ROUNDUP Keystone	Nov. 23 P.M. thru Nov. 27 P.M.	31/2	\$380	Oct. 5	42	The Pines 2/2	\$12/Day	TSC Races TSC Awards Party Thanksgiving Dinner	Bill Krell Bill DeLaGarza	778-9603 996-1212	661-8700 486-7007
CHRISTMAS BIG SKY, MONTANA	Dec. 26 P.M. thru Jan. 1 P.M.	6	\$516	Oct. 5	40	Deer Lodge 2/2	\$64 for 4 Days \$80 for 5 Days	New Years Eve Party Day Trip to Yellowstone	Charla Merrel Dianne Tully	726-0329 466-6359	
*TEXAS SKI WEEK SUN VALLEY A	Jan. 8 P.M. thru Jan. 15 A.M.	6	\$468	Nov. 9	62	Lodge Apts. 2/2 & 3/3	\$90 for 6 Days	TSW Welcome Party Western Night Race Clinics	Bill Kirk Billie Nowak	774-5474 861-8581	452-8013 792-3335
*TEXAS SKI WEEK SUN VALLEY B	Jan. 8 P.M. thru Jan. 15 A.M.	6	\$468	Nov. 9	64	Lodge Apts. 2/2 & 3/3	\$90 for 6 Days	Snow Sculpture Contest, Broomball Tourney, Mountain Picnic	Kathy Myers Tom Mullins	960-9286 931-0116	
ASPEN TRADITIONAL	Jan. 28 A.M. thru Føb. 4 P.M.	71/2	\$555	Nov. 9	42	Lift One Condo 2/2 & 3/3	\$95 for 6 Days	Two Wine & Cheese Parties Optional Dinner Crystal Palace	Phyllis Sysak Ed Barnett	270-1064 977-4439	
GRINDELWALD, Switzerland	Feb. 9 A.M. thru Feb. 19 P.M.	6	\$1275	Dec. 7	44	Sunstar Hotel 1/1	\$85 for 6 Days	Fondue Party Nightclub in Zurich	Lotty Gautschi Zeev Vogel	622-6820 721-6882	 266-0198
*WINTER SHOOT-OUT Crested Butte	Feb. 12 P.M. thru Feb. 19 P.M.	6	\$485	Dec. 7	42	Chateaux 2/2	\$13.50 per Day	NASTAR Races TSC Parties	Cindy Garrett Gordon Wise	847-2506 827-1443	781-4732 
TELLURIDE	Feb. 18 P.M. thru Feb. 25 P.M.	6	\$495	Dec. 7	36	Coronet Creek West Willow Boomerang 2/2	\$14.50 per Day	Wine & Cheese Parties Taco Party Spaghetti Party	Peb Rock Suzie Volz	850-0655 492-1702	432-0303 777-3212
VAIL	Feb. 29 P.M. thru Mar. 4 P.M.	31/2	\$440	Jan. 5	42	Enzian Lodge 1/1	\$17 per Day	Continental Breakfasts	Penny Chancey Bryan Siegel	686-4863 665-8323	462-4516 228-8611
JACKSON HOLE	Mar. 3 A.M. thru Mar. 10 P.M.	6	\$525	Jan. 10	30	Sojourner Inn 1/1	\$80 for 5 Days	A Day of Skiing at Grand Targhee	Elizabeth Braun	783-2719	
*SPRING CLASSIC HEAVENLY VALLEY I	Mar. 11 A.M. thru Mar. 18 A.M.	6	\$488	Jan. 10	50	Sahara Tahoe 1/1	\$16 per Day for 3 Days	TSC Parties Wine & Cheese Party Bar-B-Que	John Galloway Lydia Miller	627-3013 840-1822	 461-0527 X64
*SPRING CLASSIC HEAVENLY VALLEY II	Mar. 11 A.M. THRU Mar. 18 A.M.	6	\$488	Jan. 10	50	Sahara Tahoe 1/1	\$16 per Day for 3 Days	TSC Parties Races Gambling	Harold Eaton Bob Frazier	995-4710 777-2061	 877-6296
*FINAL SHOWDOWN Breckenridge	Mar. 25 A.M. thru Apr. 1 P.M.	7	\$459	Feb. 8	42	Beaver Run 3/3 & 4/4		TSC Parties Group Feed Fun Run Cocktail Party	Rudy Guerrero Janie Dar	466-4802 981-5510	671-7258 627-7000 X513

\*\*Any information shown on this sheet is subject to change.

\*Texas Ski Council sponsored trips.

All regular trip deposits are \$75. due at the time of signing. The Switzerland trip deposit is \$300. All or part of the deposit is non-refundable in accordance with the "Standing Rules". (Switzerland Trip cancellations and transfer fees \$50.00 each. Contact T.C. for more details.) JOHN COOK, Vice President of Trips (O) 999-0070

DICK HOWARD, Director of Trips (H) 496-6191

DEBBIE BALL, Director of Trips (H) 840-0276 PAGE 5



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# **BONNIE & RODNEY**

#### by Phyllis Sysak

What happens when dad works for the railroad and he wants his daughter to meet that nice, quiet guy he works with? Bonnie marries Rodney Hughes and rumors of their romance are reported up and down the train line.

What happens when opposites attract? You get Rodney who never gets upset and Bonnie who kicks things. You get Rodney who fishes, drags Bonnie around lakes on water skis and enjoys watching (not playing) baseball and football.

And, you get Bonnie who plays in racquetball tournaments and likes to climb trees and ride horses, cattle, sheep and chickens. (How is life on the farm?)

What happens when you cross two varieties of day lilies? Bonnie gets exotic hybrid flowers, but since Rodney doesn't remember to mark the genetic mix, he can't tell you what you're admiring in their garden. He can tell you that two years pass before a flower blooms on the mixed plant.

Hybridizing is an area Bonnie finds fascinating because she works in genetic research for Baylor Medical. She researches a rare white cell dysfunction in children, ten of PAGE 6 whom have been diagnosed with the problem in this country. The white cells evidently can't adhere to the cell wall and will not kill bacteria like normal white cells.

Bonnie helped establish that only one protein is missing from genes that cause the dysfunction. Bonnie says, "I get really attached to the kids. Their illness makes me think how so many healthy people don't take care of themselves. We are lucky and don't even realize it."

When she isn't staring into a microscope or writing technical papers, Bonnie paints seascapes, landscapes, animals and still life pictures. She's even sold a few of her Spanish-style canvases.

That is, until racquetball took over. An avid player, Bonnie once finished the remaining 45 minutes of a match after breaking her left leg. She resented the forced sports shutdown.

Rodney claims that's when Bonnie learned to say "please." He wouldn't allow her to hobble around when he was available to help her, but he insisted she not use imperative sentences without adding "please" and "thank you."

While recuperating, Bonnie wrote letters, re-pasted photos in her album and discovered cooking with new recipes. Before serving her new dish to Rodney, she'd take samples to work. If no one in the research department gagged, Rodney had a taste treat!

Unfortunately, being off one's feet so much left Bonnie with unwanted ounces (Bonnie insists they are pounds) she's still trying to lose. She's added jogging to her schedule and would someday like to run in a marathon. So watch out all you racquetball players, Bonnie's a real killer on the court and playing twice as much to get back in shape.

Rodney, on the other hand, has more fun watching other people participate in sports. He likes the peace and quiet of the woods and enjoys the sound of his own skiing. Both he and Bonnie are opposed to listening to tapes on the downhill run, but they go out of their way to ski with **Jim Plummer**, who may be the giddiest skier in the club.

Rodney learned to ski sometime after Bonnie did. Bonnie joined the ski club in 1974 and brought Rodney to her pre and post trip parties. She insisted that if Rodney joined the club and signed up for a trip, he shouldn't go unless he intended to learn to ski. Rodney took his time. He joined SCSC in 1977. Bonnie can be persuasive. Bonnie thinks the greatest part of skiing is making fresh tracks. She recalls her learning experience. She made the same run over and over, snowplowing the bunny slope. By the end of the day, her legs were rubbery from the unusual position, and she didn't quite make her last turn soon enough.

Down went the garbage cans at the base. Now she knows her limits.

Her most embarrassing moment skiing came while riding a triple chairlift. The dismount station at the top of the lift didn't have snow built up high enough for shorter skiers to touch ground.

Finding herself between two tall skiers who couldn't help her dismount, Bonnie rode the lift back to the bottom, where she was spotted by **Glenn Bishop** and Plummer, also riding that lift.

She continued the ride back up from the bottom alone and jumped off at the top. Bonnie promises, "That won't happen again." Bonnie has improved. Last year she won her first medal, a bronze, in the MOLSTAR race at Banff, Canada.

Rodney hasn't had freedom from ski disaster either. Just ask him how to ride a T-bar. He feels tested when he has to say, "BJ (Bonnie), it looks like you led us to the wrong run again. Now what do we do?"

The Hughes have some words of advice for skiers of all abilities, "Don't ski alone in a blizzard. In fact, just don't ski when you can't see." During their trip to Squaw Valley, they skied for the first time in a storm. They couldn't see beyond arm's distance. That's when Bonnie realized they could actually freeze to death if they got lost.

For opposite types, Rodney and Bonnie agree they would both cherish having a "little (very) small dog like a miniature dachshund." In fact, Bonnie works for the S.P.C.A. and wishes people would be more considerate of their animals.

What do you get when you pair up these two? You get Bonnie from cotton-farmland East Bernard, and Rodney, who was born in Centreville, Miss., grew up in the railroad town of Teague, and still works for the railroad.

They are truly antithetical and prove the rule, opposites attract. His favorite movie is *The Godfather*; hers is *The Way We Were*.

He's quiet and can roll with the punches; she is an open book and still thinks she's a tomboy. Rodney favors blue (Bonnie let him paint the bedroom blue); Bonnie loves lavender (Rodney says that's the favorite color of many schizophrenics). Still, they both enjoy each other and the ski club.



**CHRISTMAS IN THE SKY** - They don't call it "Big Sky" for no reason! The sky is your only limit here. There is plenty to see and do for everyone. In addition to great skiing, you can see "Old Faithful" at Yellowstone National Park, go snowmobiling or wine and dine at the local establishments. There is even a C&W bar where you can show off your two-step and Cotton-eyed Joe. We can't promise you a White Christmas, but we can promise a white New Year's Eve and a great celebration. We still have room for a lucky few. Don't be left out; call us today...Charla Merrel at 726-0329 or Dianne Tully at 466-6359.



2227 Kinbrook, Houston, Texas 77077 (556-8402) SIGN UP AND / OR VOLUNTEER AT OCTOBER MEETING



hot gear



SMITH ROSSIGNOL ANKING MARCAN TYTEOLIA



duofold SALOMON White Stag Wigwam Nordica







HEAD



Post Oak • Sharpstown • Almeda • Champion Forest

Photo taken at Rainbow Lodge.

IN375

## CREEPY THINGS PEEP FROM TREES AT HAWAIIAN LUAU

Saturday, September 17, Karin Perkins and Judy Strait hosted a Hawaiian luau for 60 SCSC partiers! Greeted at the gate with choices of wine, beer or pineapples decorated with flowers filled with pina coladas to help set the mood of the evening.

Brisket, plum sauce, rice salad, broccoli mushroom casserole and fruit pizza mixed its way into the bottomless pits of the hungry crew.

**Bob Marwin** certainly knows how to set *his* atmosphere of a tropical paradise with creatures of the wild (I'm not talking SCSC usuals!). To just look at Marwin and **Karen Friedsam** with their attire of the evening was certainly an experience!

Does the bird ever bite, Karen? Marwin, what's under that Hawaiian wrap of yours - a bigger paradise?! Who could ask for a better sentry than **Jim Plummer** to guard two kegs? Falling asleep (?) on the job again? Ask **Penny Campo** on how to exit a house in paradise!

The luau had the joint cooperation of almost everyone in attendance. Between coring 50 pineapples with Karen Friedsam, Harvey Maylon, Easy Thayer and Sandy Smith Thursday evening, assistance was also received from **Bill Kirk**, **Mike Broad** and **Ed Cain** with that good ole useful 7' bar.

Thanks Mike Broad for taking care of the meat, **Taylor Mayou** for picking up two kegs of beer, the use of **Tom Mercer's** truck, the pre-party set up crew and Sandy Smith (the Lone Ranger) post clean up crew one and all! A few guys as well as most girls brought dishes.

A very special thanks to Charlene Perkins, Virginia Bowerman, Mike Broad and Sandy Smith for above and beyond the call of duty. The luau was treated with new faces of members Floyd and Laska Hopkin, visitors Tom Zarate (glad you came!) Danna Vest, Al DuPree and of course general of food Larry Dooley and Tom Ford. You know, Bob Mahan your jesture made it all worthwhile. - Karin Perkins



Left to right, Shirley Holm, Layna Adams and Eric Holm work on the computer.

#### **HEAD OF THE LIFTLINE**

(continued from page 2)

**Pam Pyle** provided moral support with special snacks and I can now say I have also become familiar with the functions of the Club's computer after moving it into my home for a time.

**Glenn Bishop**, membership vice president, had already input over 200 surveys before the party and helped contact several who volunteered their time. We could have used many more volunteers, but appreciate those who had the time to give.

For those who wonder if we use the volunteer list, many names came from the data input section of the volunteer list produced from your preferences indicated on the membership applications. The volunteer lists are used, some more than others.

If you indicated a desire to volunteer for any area of work in the Club and have not as yet been called, be sure and call the appropriate officer and remind him or her of your interest in helping in the Club's activities. And when you agree to help out on a project, please be sure you show up at the time agreed. Your help is needed and much appreciated.

Our thanks to all for your time on the survey. We look forward to the first analysis of the results in the December *Sitzmarke*.

Those planning to be on Space City's Thanksgiving trip to Keystone wish all those remaining in Houston or traveling off to visit friends and family, a happy, safe Turkey Day!

A reminder to the Texas Ski Week and Aspen Traditional participants, final payment for all three trips is due prior to the November meeting. See you at the style show and remember....**THINK SNOW!** 

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## GINGERBREAD, QUAINT SHOPS PROVIDE ATMOSPHERE FOR MODERN RESORT AREA

Stepping back into a bygone era, Crested Butte has preserved its Victorian houses with gingerbread trim and tiny shops tucked away in quaint buildings to create an unforgetable atmosphere.

What a more romantic way to spend Valentines with fellow SCSCers than at this National Historic District mining town that has managed to maintain its charm and ambiance, despite its growing popularity.

Touted as the best former mining town turned ski resort, Crested Butte is celebrating its 105th birthday and 22nd ski season this year....not bad for "one of the most beautiful, most friendly and least famous ski resorts in the Rockies."

Three miles further up the mountain, sits Mt. Crested Butte, a booming complex of modern condominiums, lodges and inns huddled strategically around the five major lifts leading up the mountain to 37 separate ski runs and two additional lifts.

Providing skiing "the way it used to be," Mt. Crested Butte boasts

#### **CLASSIFIED ADS**

FOR RENT - Lake Tahoe / Heavenly Valley Condo. Ski In / Out available. Sleeps four with 1 bdrm & sofa. \$115 / night or \$700 / wk. Call Leslie Walters at 759-4263 (0) or 493-0702 (H).

FEMALE ROOMMATE WANTED - to share 3 bdrm house off Westheimer & Kirkwood. \$375 / mo. Call Lynn Burch at 556-8402.

FOR RENT - Vail/Lionshead Condo one block from gondola. Fully furnished 2/2 that sleeps six with sauna. Discount for SCSCers - \$150 per night. Special rates for Christmas & holidays. Call Ed Rubenstein at 682-4894 (days).

FOR RENT - Breckenridge Trails End Condos. Sleeps four with hot tub, sauna, pool, phone, color t.v. Two blocks from downtown, ski in/out. Call Jack Ross at 303-937-1166.



of wide open slopes, reasonable lift lines and enough variety of terrain to satisfy the most discriminating skier.

Space City has planned a fantastic week at Crested Butte, February 12-18. A Texas Ski Council sponsored trip, some 42 skiers will have the opportunity to participate in races and TSC activities, as well as get to know other SCSC members.

While at Mt. Crested Butte, the group will stay at the Chateaux Condominiums. Within walking distance of all activities, shops, restaurants and ski lifts, the Chateaux offers exceptional amenities, such as a covered heated swimming pool, guest lounge, sauna and on-site laundry facilities.

Each unit features a fully equipped kitchen, fireplace, color cable televisions and free shuttle service.

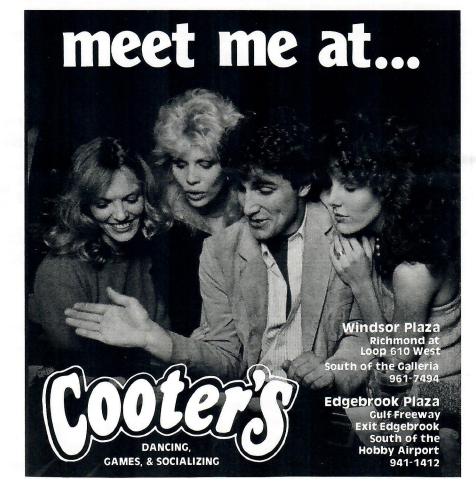
If you haven't decided on a ski trip yet, then you are in luck. You still have time to join those funloving members who have already signed up for a truly memorable ski vacation at Crested Butte. A \$75 deposit will hold your spot. Give Cindy Garrett a call at 847-2506 for further persuasion, or look for her and Gordon Wise at the sign up table at the November meeting.

## ASPEN CHANGE

Aspen Traditional has undergone some exciting changes. The price has been lowered to \$555. Since airline prices are still unstable, we couldn't take the chance of raising the trip cost at the last minute. Instead, we have locked in a low airfare.

We will fly to Denver and take Colorado Charter's bus to Lift One Condos. Our flight from Houston will leave around noon rather than dawn on Saturday, January 28. Our return flight will bring us back to Houston on February 4, at about 9:30 p.m. We will have a stop-over in Dallas on both flights.

Because of the transportation change, we will provide food and beverages for the bus ride. Be ready to party! - **Phyllis Sysak**, **TC**, **and Ed Barnett**, **ATC** 



# BE FIRST ON YOUR BLOCK WITH ULTIMATE STATUS SYMBOL

So, why haven't you bought something with SCSC on it? Not even a T-shirt or luggage tag? For shame....we cannot abide such apathy, not in SCSC!

Now, everyone can use luggage tags. Just think how organized you could be before your ski trip this year. SCSC luggage tags are already labeled legibly and securely attached to your beloved travel items, especially skis and boots.

Also, if you and your travel companions are bedecked with SCSC T-shirt, think of our fashion image, think of comraderie and unity, think of buying something this year!!

And for those *big* party situations, some might consider a luggage tag to label and identify yourself....just in case you suffer loss of speech or memory. Surely, *someone* would return you to *somewhere*.

You might consider the delight of being the first on your block to have SCSC beer mugs for entertaining. Then, too, you should ponder the amazing possibilities which could be unleashed due to ownership of a pair of SCSC sunglasses....you could become more attractive, sexy, popular, perhaps even rich and famous.

Maybe an SCSC pin, decal or iron-on patch would suit your fancy. You could pin, patch or iron-on wherever and whatever you want, and that covers boundless territory. There would be no limit to your creative genius.

Then, too, what about the frustration of not being able to find your one and only copy of the SCSC directory? How 'bout one for the office, the home, the car, the helicopter....maybe even one to throw at the dog, the cat or your housemate.

Alas, what tragedy, if you were to miss the new merchandise coming in November. Forsooth, did someone mention a bikini item, nightshirts, ski bags, ski boots and possibly bumper stickers?

Lastly, for you frugal souls out there, take note, just what you've always wanted might be on sale at the meeting. Also, for those who are



attune to the more visual delights in life, the logo committee is planning a merchandising technique utilizing female bodies scantily clad....but clad, of course, with SCSC items!

Hopefully, we will see you at the meeting and at the logo table, with money or checkbook in hand....who knows what treasures you might find. For sure, you'll find Linda Henderson, being ably assisted by Pam Slocum and Vern Oliver. We're a friendly bunch...eager to SCSC logo you! - Linda Henderson

## HELP A NEEDY FAMILY THANKSGIVING

The newly formed Community Projects Committee of SCSC asks you to share with others in the community by bringing a gift of can goods, non-perishable goods or such to the November meeting. It means a lot to share in this way.

In December, we also ask you to remember to bring a small toy for tots, unwrapped, for collection at the meeting. These will be distributed through the U. S. Marine Corps.

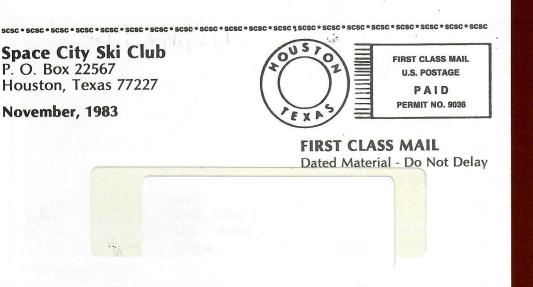
Many have asked about this committee, which is open to all members willing to help others. Projects are being discussed for the rest of the year and the committee welcomes any suggestions for study as to feasibility.

Projects will not be slanted to any one particular charity but SCSC will take part in worthwhile projects chosen by the comittee. If you would like to participate or have ideas, please contact Leona Schroeder, chairman, at 468-1032.

#### SILVER AND GOLD NASTAR MEDALISTS

If you have won a silver or gold NASTAR medal during the 1982-83 ski season, please wear it to the November meeting. Let us join in recognizing your achievement.





Front Cover Photos (clockwise from upper left): Debbie Ball and Harold Eaton look at Mike Broad's pictures of the Grand Cayman trip; Over 65 club members enjoyed the Hawaiian luau at Karin Perkins' house; Bob Marwin grins at the creepy crawly things in the banana trees; Charles Goodrich, Pam Holder, Tom Mercer and Tania Andrasko chat while waiting for food at the luau; Karen Friedsam shows off her pet bird to John Hargleroad, Harold Eaton and John's friend Brenda.

## MIXED DOUBLES ROUND ROBIN TENNIS TOURNAMENT\*

December 11 11 A.M. to 3 P.M. THE UNIVERSITY CLUB 5051 Westheimer

\$15.00

#### **TROPHIES - Silver Beer Stein and Silver Bowl**

Sign up at the November meeting or fill in form and mail with check made payable to SCSC for \$15 to **Edith Lewis**, 2900 Rolido, #228-3, Houston, Texas 77063.

NAME			
ADDRESS			
	STATE	ZIP	_
PHONE			
For more info at 667-8616.	ormation, call Edith Le	wis at 789-3069 or Fred Kin	nat
*I imited to the first	40 who sign up		

SITZMARKE Notwine 16

The SITZMARKE is a monthly publication of the Space City Ski Club, Houston, Texas, for its members. Its purpose is to promote and encourage individual and group interest in the sport of snow skiing through its articles and adverbisements. Inquiries should be directed to the Vice President for Publications, P. O. Box 22567, Houston, Texas 77227

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