



# Sitzmarke

november, 1979





# 1979 - 1980 space city ski club

## 1979 - 1980 OFFICERS

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|                      |  |
|----------------------|--|
| PUBLISHER            | Space City Ski Club  |
| EDITOR               | Beth Nolen   |
| ADVERTISING          | Beth Nolen<br>Lynn Zacherl   |
| CONTRIBUTORS         | Pat Tristan<br>Steve Gucker<br>Allan Simpson<br>Sue Bohnert<br>Ed Taylor<br>Steve Van Pelt<br>Sandra Palmer<br>Al Youens |
| COVER PHOTOGRAPH     |  |
| MONTHLY FEATURES     |  |
| Head of the Lifeline | Keith Eastin   |
| Spotlight            | Vicki Schmid   |

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SPACE CITY SKI CLUB  
Volume 12, Number 7 November, 1979

# ski meeting

★ MONDAY ★ NOVEMBER 12 ★ 7:30 P.M.

Sonny Look's SirLoin Restaurant

So. Loop W. at So. Main

SHOW YOUR 1979-1980 MEMBERSHIP CARD AT THE DOOR

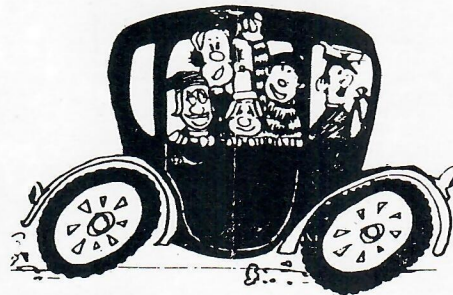
## GUEST SPEAKER FOR NOVEMBER

Jim Haugen, director of a racquetball club in Lake Jackson, will be our guest at the November General Meeting. He will demonstrate and interpret some flexibility exercises which were designed with skiers in mind. Come dressed to participate.

## NOTICE!

There is a waiting list to join SCSC. If you are moving out of town and would like to relinquish your membership, please contact Tiny Aitken, phone 780-4780.

## PLEASE CARPOOL!



SCSCers, we need your help! Attendance at our meetings is great but our PARKING SPACE IS LIMITED. Please park in Sonny Look's lot only. The security guard is on duty only during the meeting period. Don't leave your car on the lot after meetings. Most of you go home with a friend; so carpool to the meetings and help us with the parking problems.



## VOLUNTEERS NEEDED

Workers are needed to represent Space City Ski Club in our assistance to KIKK and the Sour Kraut Barbeque Team as they sponsor a barbeque contest and pep rally preceeding the Oiler-Steeler football game on December 10. If you have free time on Friday evening or any time Saturday, December 7 and 8, leave word for **Jim Benefield** at his office (461-0683), or see him at the November meeting. All proceeds will go to the Ronald McDonald House.

## sitzmarke deadlines

★ November 14, 1979  
★ December 14, 1979  
★ January 16, 1980



# head of the liftline



by Keith Eastin

As most of us are aware, this is the year of the Winter Olympics at Lake Placid. Unlike many of the other nations with which we compete, our ski team does not receive any cash support -- or for that matter, much non-cash support -- from the government. Even though our athletes are not paid, substantial funds are needed to cover training facilities, coaches' salaries, travel expenses and lodging. The only way we put our team on the mountain is through donations.

Space City Ski Club is committed to the support of the U.S. Team and will be making a contribution to the team in the Club's name. Additionally a unique opportunity has been presented whereby our trip participants this year can also support the team with a minimal additional individual financial burden.

I have in the past scrupulously avoided any crass commercialism in this column even to the extent of refraining from restaurant reviews. This time, however, I would like to thank the **Miller Brewing Company** for its cooperation and support in helping the U.S. Ski Team.

Miller's -- through its local distributors (led by SCSC Member, **Bob Duff**) has agreed to sponsor the pre-trip parties for our first four trips during the 1979-1980 season. **Houston Distributing Company**, one of the distributors, will provide the use of their

stein room and Miller's will donate all the Lite beer the respective trip participants can reasonably drink at the parties. In return the Club has agreed to solicit donations to the U.S. Ski Team at each of the parties. Although donations are not required, it is "suggested" that a contribution of four or five dollars would be appropriate; most of you would spend at least that much buying drinks at traditional parties.

**Sy Liebergot** was heard to say that he would break the arm of anyone that could not comply with a reasonable suggestion; while at the same time, **Shirley Andries** has agreed to give a big hug to anyone contributing more than five dollars. Contributions of more than one hundred dollars will receive a thank-you note on the personalized and scented stationery of **Suzie Chaffee**. Checks should be made payable to the "U.S. Ski Team Fund." All contributions are tax deductible.

Your trip personnel will have further details on the times and locations of the parties.

**Additional Notes:** SCSC will have a contest to come up with the best ski and outdoor-related photos for the covers of next year's **sitzmarke** issues. Color or black and white prints (not slides) will be accepted for judging. Entries should be delivered to **Beth Nolen** by May 1, 1980. The winners will receive a free subscription to the **sitzmarke** with their membership next year.

## note:

### sitzmarke contributors

- (1) Articles must be typewritten, double spaced.
  - (2) Pictures should accompany written article; however, if not possible, may be turned in approximately 7 days after copy.
  - (3) Black and white pictures are preferred for clearer printing.
  - (4) Pictures must be identified on the back. If the persons in the picture are not identified, the picture, as good as it might be, will not be used.
- Please mail to:

Beth Nolen  
11002 Hammerly, No. 194  
Houston, Texas 77043

*Applegate*



hair by

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1303 South Voss 780-9957

clothes from

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# Hilltop Herb Farm

by Pat Tristan

*Picture, if you will, a restaurant in a greenhouse setting, located in the peaceful piney woods outside of Cleveland, Texas. The sun is setting and the cool evening breezes are beginning to blow. Inside the restaurant diners are preparing for a leisurely evening of elegant dining ...*

And then, thirty-six inebriated, vociferous and ravenous (drunk, loud and hungry) Space City Ski Clubbers descend on Hilltop Herb Farm. After a short tour of downtown Cleveland, Texas, we were expertly guided to our destination by **Brant Williams**. We were warmly greeted by **Jim and Madeline Hill**, owners of Hilltop Herb Farm. Dinner is served family style at HHF and between courses, guests are encouraged to wander through the greenhouse, browse through the country store and socialize. Because HHF does not serve alcoholic beverages other than their tasty wine punch, Space City made sure that ample provisions of wine and beer were available for its members consumption. Isn't that right, **Gene Turboff**?

After everyone was seated, it appeared that **Carolyn Evans** had the right idea. She managed to be the only woman seated at the table with **Tom Mercer, Gene Turboff, Bob Knight** and **Gregory MacIver**.

**Art Camero** and **Graham Barnes**, old timers to HHF, had previewed everyone on what to expect, but the dinner surpassed our expectations. Our appetizers were liver pate and fresh artichokes with dill sauce. (By the way, HHF uses only fresh fruits and vegetables and all meals are prepared from "scratch".) Our salad course was cucumbers and tomatoes with fresh herb dressing and for soup we had Mex-

ican Corn Soup. **Rudy Naquin** and **Pam Perry** politely complimented Mrs. Hill on the savoriness of the soup. I'm sure she could tell we were enjoying ourselves by the slurping sounds that emanated from our tables.

Between courses **Jim Davis, Lynn Hammond** and guests were overheard giving **George Budd** instructions on how to appreciate fresh herbs. "Try squeezing it, then put your nose in it and sniff."

**Diedre Katt** and **Dolly Luck** did not eat much of the main course (Beef Bourignon, Scalloped Potatoes and Green Beans); they were too busy stuffing themselves with the homemade bread. On the other hand, **Charlie Epps** was more interested in adjusting the buttons on **Tiny Aitken's** blouse than in what was on his plate.

We couldn't get any comments from **Bruce Maughs, Carl Leatherwood, Allan Simpson** or **Bob Fried** on what they thought of the food. It seems they do have some manners, they wouldn't talk with their mouths full.

Did **Margaret Norris** make an honest mistake, or does she really like salt in her iced tea?

**Beth Nolen** is a good choice for a dinner partner. It seems she is not in the least inhibited — about stealing wine from other tables, that is.

After a dessert of fresh strawberries and cheese (are you sure you don't remember, **Tom Mercer**?), we slowly

and agonizingly prepared for departure. **Christine Howard** was seen taking home a kitty bag and **Ruby Summers** carried home some herb plants. But it took **Brant Williams, Tom Mercer** and **Graham Barnes** to get **Pat Tristan's** plant into the baggage compartment of the bus.

Well, after roll call and head count, we all headed home. Well, almost all. About five miles down the road our bus was flagged down by a passing car and out jumped **Charlie Epps** and **Sharon Nixon**. It seems they had gone back to the country store for some last minute purchases and had to hitch a ride to catch up to us.

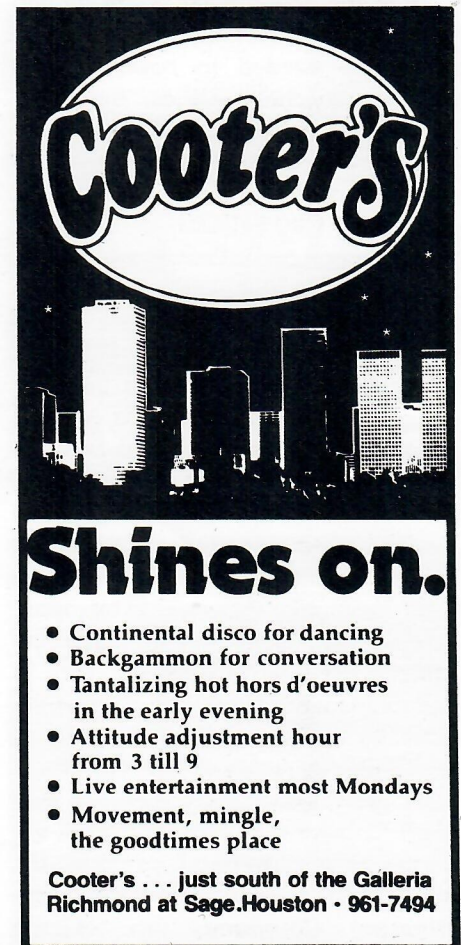
Hilltop Herb Farm is a place everyone should visit and going with Space City Ski Club is the best way to go. That way, you can sleep on the way home.

## ANNUAL SCSC STYLE SHOW DECEMBER GENERAL MEETING

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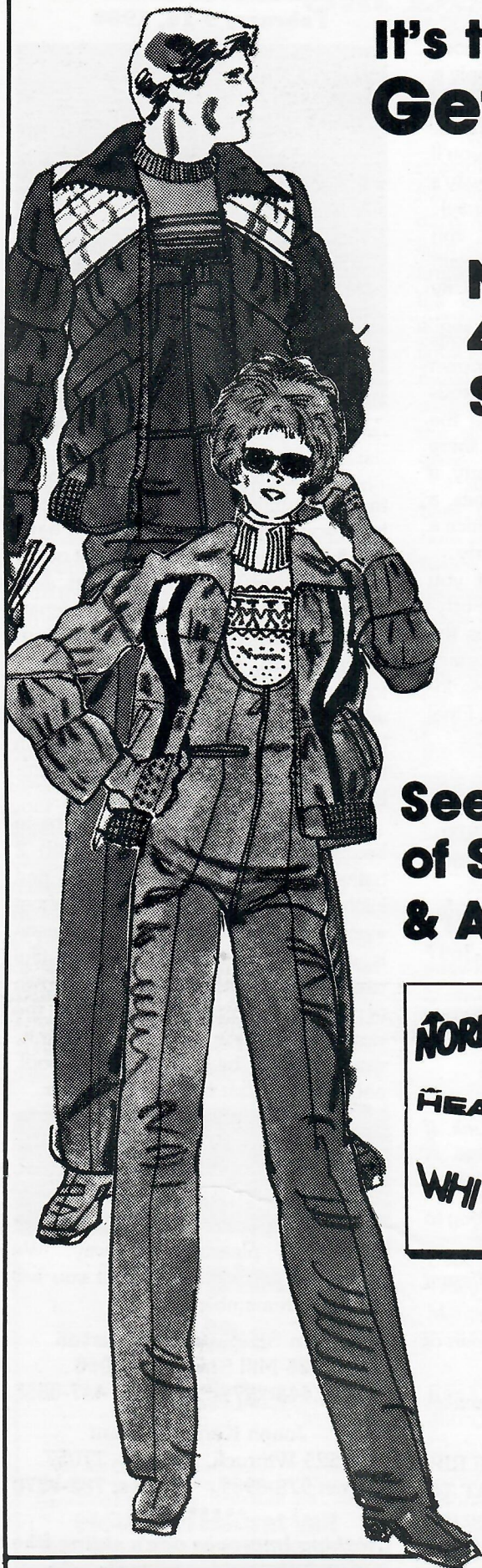
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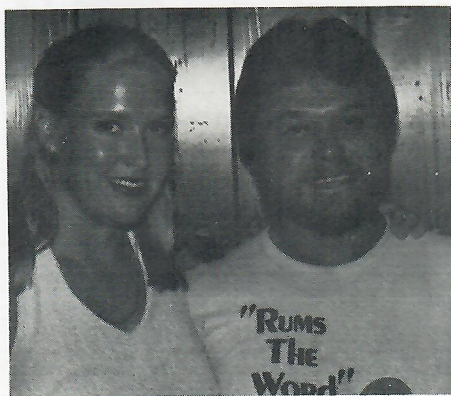


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## VAIL I February 2-9, 1980



Carolyn Lowrie and Steve Gucker

If you're one of the fortunate 42 to be on this year's Vail I "Picnic" trip, then be prepared for possibly the most enjoyable, hassle-free trip you'll ever have.

Pre-arranged ski rentals and excellent travel connections will enable you to get in 7½ days of skiing on the largest 'single mountain' ski resort in North America, containing over ten square miles of skiable terrain and over 1,000 acres of maintained runs. Powder freaks will be amazed at the vastness of Vail's back bowls where a new chairlift which will double last year's capacity has been installed. Never-ers aren't neglected either, since they'll be able to 'ski from the top' on easiest trails from the first day on, thanks to the excellent ski school at Vail. With excellent

skiing conditions, Vail still manages to have 70% of its ski days sunny.

You'll be staying at the luxurious Mountain Haus Condominiums, only a short walk to the lifts and Vail Village's over 170 shops, bars and restaurants. With 2 or 3 bedroom condos, you'll have fireplaces, full kitchens (Safeway's just a 15 minute Shuttle Bus away), heated swimming pool, sauna and everything else that has made Mountain Haus the place to stay for Space City skiers for several years now.

If the impromptu and spontaneous activities Space City skiers are known for aren't enough, you'll find numerous activities planned both on and off the slopes. In addition to the "Picnic", there will be a get-acquainted cocktail party, a wine and cheese party on the slopes, a breakfast party featuring 'Gorilla Juice a la Carolyn, and a Long Johns party.

All things considered, don't you want to be one of the "Fortunate Forty-Two" and be on a trip that will be the one you'll remember for years to come? Come prove to yourself: Vail does indeed have the best of everything! Final payment date is December 6, 1979.

**Carolyn Lowrie, Chairperson**  
8711 Town Park, No. 2310 - 77036  
Home: 995-9312 Office: 667-5601

**Steve Gucker, Assistant**  
6601 Sandpoint, No. 81 - 77074  
Home: 981-6663 Office: 634-3697

## STEAMBOAT SPRINGS February 9-16, 1980



Joann Kerr and Allan Simpson

Are you bored with the same monotonous routine? During the past year, have you really lived 365 days, or have you lived one day 365 times? Get out of that rut and make each day count. Join the 44 smiling people who will depart Houston early Saturday morning, February 9th, on Continental Airlines for the flight to Denver, and party-on-wheels as our bus climbs through the beautiful Colorado scenery to the Storm Meadows Condominiums at Steamboat.

Our seven night lodging will be in luxurious 2-bedroom condos, with 2 baths, living room with fireplace, and kitchen. SCSC has gone to Steamboat every year within memory. The reason is obvious: Steamboat is a beautiful resort with a shuttle to the nearby town of Steamboat Springs; you'll love the warm atmosphere — great restaurants, discos, sauna, heated swimming pool, and skiing in that crisp Colorado air.

The trip's price of \$399 is due by December 6, 1979. Our return to Houston will be Saturday, February 16th.

Pamper yourself by joining us for this "pure pleasure" getaway. We guarantee you eight days that you will definitely remember.

**Allan Simpson, Chairperson**  
226 Mill Stream - 77060  
Home: 448-2279 Office: 447-0355

**Joann Kerr, Assistant**  
2525 Winrock, No. 86 - 77057  
Home: 978-6989 Office: 782-8370

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**Nothing improves one's skiing like being followed by an avalanche.**

## Hints to Foil Ski Thieves

★ **NEVER LEAVE SKIS ON A CAR RACK.** Put them inside the car or trunk. If you're staying at a lodge, keep them in your room.

★ **MARK YOUR SKIS PLAINLY WITH YOUR NAME AND ADDRESS.** Your local ski shop can engrave them for you. A pair of unmarked skis is more tempting to thieves.

★ **USE THE DIVIDE AND CONFUSE SYSTEM.** Separate skis to two different locations when you go in the lodge or stop for lunch.

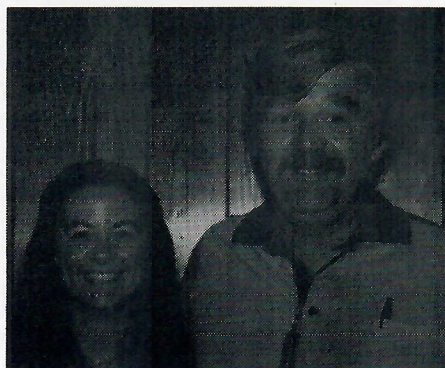
★ **IF YOU ARE USING CABLE LOCKS,** if possible run the cable through part of the binding so it can't be easily unscrewed.

★ **EPOXY THE SCREW HEADS ON YOUR BINDINGS.** This practice makes removal of the binding almost impossible.

★ **IF YOU ARE ONE OF THE UNFORTUNATE SKIERS THAT WILL BE RIPPED OFF THIS YEAR, HERE ARE SOME VALUABLE TIPS ON WHAT TO DO.** Run, don't walk to the lodge management or security personnel. The faster you report your loss, the better the chance the thief can be stopped before he/she leaves the area. Notify the police immediately.



**TAOS**  
**February 14-20, 1980**



**Sue Bohnert and Bob Marwin**

Marwin's Majikal Mystery Tour is no longer a mystery for 36 adventurous skiers. Our tour begins when we depart Hobby Airport at 9:30 p.m., Thursday, February 14, 1980, just in time to celebrate Valentine's Day aboard the airline with "Heart" — Southwest. We

will arrive in Lubbock around midnight to be taken away by our very own "recreational vehicle" or "hotel on wheels" complete with a games section and a sleeping section. Our first stop will be Sante Fe for breakfast and a day for-skiing. After burning up the slopes of Santa Fe, we will continue our journey briefly to the beautiful city of Taos, New Mexico.

In Taos, we will be staying at the Sagebrush Inn, a Southwestern showplace with charming, individual patios, a lounge and cocktail bar (to chase away the chills and warm your toes), live entertainment, dining room, tennis courts. Angel Fire, Powder Puff, Red River, and the beautiful Taos Ski Valley are slopes accessible from Taos.

Taos Ski Valley is laced with 61 slopes accessed by six double-chair and two cable lifts. Ski vast, uncrowded, powder slopes under a brilliant Mediterranean blue sky. The easier and in-

termediate slopes are maintained nightly and for those of you who are experts, there is a vast array of hidden powder bowls, glades and chutes of untouched powder protected from wind and sun and where ice, fog and white-outs are rare. If weariness strikes and your courage falters, don't forget to look for the majikal "Martini Tree" to warm your heart and strengthen your soul.

All too soon our tour will come to an end February 20th when we return to Lubbock in time to board Southwest Airlines and arrive at Houston's Hobby Airport at 8:20 p.m. — 5½ days for \$239, the best price going.

**Bob Marwin, Chairperson**  
**P. O. Box 36882 - 77036**

**Home: 772-4039 Office: 664-6704**

**Sue Bohnert, Assistant**  
**P. O. Box 55786 - 77080**

**Home: 467-5027 Office: 869-9371**

# scsc '79-'80 ski trips

| TRIP                                    | TRIP DATES         | COST     | FINAL<br>PAYMENT<br>DATE | TRIP CHAIRPERSONS<br>AND ASSISTANTS    | HOME PH.             | OFFICE PH.           |
|---|--------------------|----------|--------------------------|--|----------------------|----------------------|
| <b>Salt Lake City</b><br>Thanksgiving   | Nov. 21<br>Nov. 25 | \$349.00 | Oct. 8                   | TC Marcia McElravy<br>ATC Jerry Pyle   | 933-8377<br>721-7035 | 241-0804<br>662-2859 |
| <b>Winter Park I</b><br>Texas Ski Week  | Jan. 6<br>Jan. 13  | \$349.00 | Dec. 6                   | TC Graham Barnes<br>ATC Tania Andrasko | 789-6708<br>776-9754 | 656-6239             |
| <b>Winter Park II</b><br>Texas Ski Week | Jan. 9<br>Jan. 13  | \$269.00 | Dec. 6                   | TC George Sanford<br>ATC Ellie Stern   | 977-6266<br>664-1220 | 977-6266<br>790-1781 |
| <b>Aspen Traditional</b>                | Jan. 19<br>Jan. 26 | \$398.00 | Dec. 6                   | TC Vicki Schmid<br>ATC Hank Faulkner   | 864-4166<br>665-4727 | 241-3966<br>678-5302 |
| <b>Vail I</b>                           | Feb. 2<br>Feb. 9   | \$445.00 | Dec. 6                   | TC Carolyn Lowrie<br>ATC Steve Gucker  | 995-9312<br>981-6663 | 667-5601<br>523-3697 |
| <b>Steamboat Springs</b>                | Feb. 9<br>Feb. 16  | \$399.00 | Dec. 6                   | TC Allan Simpson<br>ATC Joann Kerr     | 448-2279<br>978-6989 | 447-0355<br>782-8370 |
| <b>Taos</b>                             | Feb. 14<br>Feb. 20 | \$239.00 | Jan. 10                  | TC Bob Marwin<br>ATC Sue Bohnert       | 772-4039<br>467-5027 | 664-6704<br>869-9371 |
| <b>Telluride</b>                        | Mar. 1<br>Mar. 8   | \$425.00 | Jan. 10                  | TC Carol Ragan<br>ATC David Walter     | 497-1183<br>784-1092 | 840-2487             |
| <b>Copper Mountain</b>                  | Mar. 9<br>Mar. 16  | \$365.00 | Feb. 7                   | TC James Weiskopf<br>ATC Beverly Fecel | 931-0385<br>780-9502 | 789-8000             |
| <b>Aspen II</b>                         | Mar. 15<br>Mar. 22 | \$459.00 | Feb. 7                   | TC Dave Reitze<br>ATC Linda Steele     | 781-2957<br>528-6402 | 656-4908<br>961-5755 |
| <b>Vail II</b>                          | Mar. 29<br>Apr. 5  | \$399.00 | Feb. 7                   | TC Leona Schroeder<br>ATC Alan Bitzer  | 468-4609<br>729-1652 | 497-0723             |
| <b>Park City</b><br>Spring Fling        | Apr. 5<br>Apr. 12  | \$389.00 | Feb. 7                   | TC Jan Livingston<br>ATC Art Camero    | 723-1331<br>488-7820 | 961-2425<br>428-5225 |



# Safe, Common Sense Skiing, Part I

by Ed Taylor

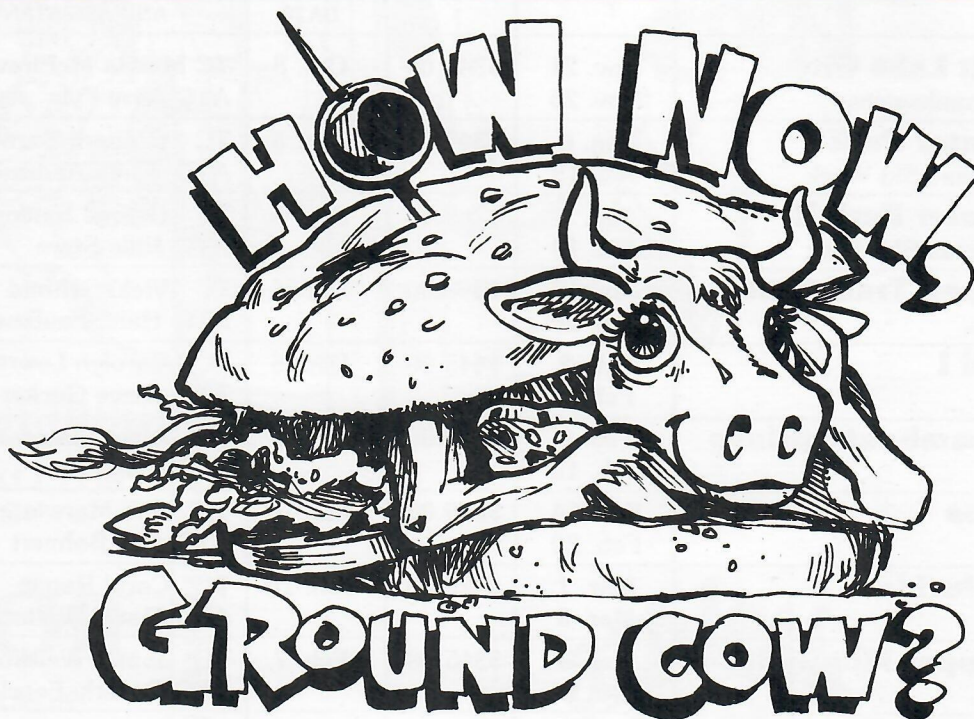
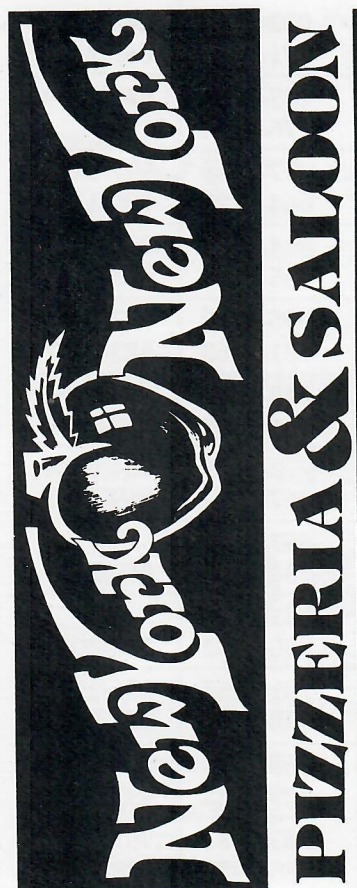
Safe skiing is common sense skiing. The ski areas' responsibility to provide lift equipment and properly marked slopes and the equipment manufacturers' research and development of the bindings, boots, goggles and skis compose the passive phase of safe skiing. The individual skier's awareness, preparation, attitude and actions compose the largest and most important phase of injury-free skiing. If each skier realizes some fundamental personal responsibilities, makes a few preparations prior to the ski slope and takes on an attitude that keeps him alert to the elements, himself and other skiers around him, skiing will be safer for him and all others on the slope.

The first step in prior planning is physical conditioning, a responsibility that continues year round. Skiing is a strenuous recreation. The demand on your muscles, tendons, and skeleton arising from changing their direction while dragging five or six-foot long ex-

tensions on the soles of your shoes, all of which are moving at 25-plus miles per hour, cannot be safely, repeatedly endured by the same body that drives to the U-Tote-Em every time it wants a pack of cigarettes. Physical conditioning is necessary for your safety. Statistics, on the world-wide level, show that injuries occur most often to those who are not physically prepared to ski. Even we recreational skiers must realize that skiing requires somewhat special exercises and actually develop and continue a personal program that includes them. A few basic skiers' exercises are described in last month's issue of the **sitzmarke** in the article entitled "Skiing Tired". These and others are applicable not only for the period that begins about two months before you go on your first trip each season and continues until you leave for your last trip, but year round to ensure more enjoyment next year. Some additional skiers' exercises for your upper body are pushups done

from a sitting position on the floor with the hands beside the hips, and chinups to develop your poling. Your traversing turn and NASTAR gate sense can be improved by zigzag running, making linked, tight turns through a few trees, some ski poles planted in the ground or imaginary slalom gates. Sports such as tennis, handball or racquetball that improve body coordination are better than softball or volleyball. Ice skating is superb for providing a sense similar to skiing and improving your balance while in a gliding motion. No one dares mention that not only do all of these exercises pay off by removing excess weight; they also improve the skier's quickness and agility which are used, along with brute strength, to convert a mistake from a fall to a not-so-graceful recovery.

The next step in prior planning is proper equipment. Your equipment must be for you — your size, suited and adjusted for your weight and skiing ability. Equipment is not the place to save



★  
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464-8629

★  
4855 West F.M. 1960 at Champions  
440-4982

★  
2633 Winrock at Westheimer  
780-4505

★  
211 West FM 1960 at I-45  
440-0341



money! Beginners may be able to borrow someone's clothing and boots and perhaps poles, but skis and bindings are closer to being personalized. A 99 pounder should not ski in a 130 pounder's bindings. Go to a local ski shop and rent skis and bindings that are designed for your weight and adjusted for your experience level. When you buy, buy the best that you can afford of what is suited for you. "Bite the bullet."

Bindings are the most important ski equipment. Rent and buy proven, well known bindings. Ski equipment rental shops, in general, carry reliable, dependable equipment. If you have the fever and must purchase your own equipment right now, best cool off for awhile and do some research. Ask your ski instructor and a few friends that are at least good intermediate skiers what they recommend for someone with your experience and aspirations. Read the equipment articles in several issues of such magazines as **Ski** and **Skiing**. Visit three or four ski shops. Tell them that you want to talk to the person there that knows the most about all types of bindings, skis or whatever you wish to purchase. Select the bindings, boots and skis that suit your ability now and will allow you to progress to a level that is above your immediate desires.

Once you have verified that the binding is suited for your weight range, the next step is the most important point to remember about ski bindings: Have them adjusted for **you!** This is done based on your skill level and your weight. Have the binding adjusted to your boot and go through the release test. Rental shops will make you do this when you rent. Ski owners should have their bindings serviced and the release checked at the start of every season. If you are on a tight budget and cannot afford both a binding check and a ski tune, have the bindings serviced and complete the release check; you can service and wax the bottoms yourself. See the waxing articles in the July '79 **sitzmarke**, and for P-texing and edge filing techniques, see page 11 of this issue. This will give you enough basic information to get started on your own. Additional hints can be read in some of the back issues of **Ski** and **Skiing**. The library also has other sources.

As proper binding adjustment is mandatory for safe skiing, proper bind-

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ing care is required for dependable binding performance. Clean them everyday. If you have been in the slush or mud or skiing through the trees, be sure to brush away all soil and tree particles. Inspect them for loose screws, cracked components, frayed straps, bent brakes. Clean off the antifriction plate also. Clean your boots and bindings well every time you step into your bindings. If the mechanism is not clean, it will hang up, fail to release, and you know the rest.

The wrong size or wrong type of boot also presents safety hazards. Boot types are made with varying degrees of forward incline and stiffness, depending on their design — for racers, recreational skiers, or beginners. The stiffer boots with more forward incline (measured between the vertical inlet about the ankle) are for the more advanced skiers. If you are stuck with a boot that does not fit, hurts in some particular spot when properly buckled, or has too much forward incline, do not keep loosening it every time you get on the chair or ski with it loose so that it does not hurt. Take it back to the shop, exchange it, or have them modify the inside so that it does not hurt. Skiing with a boot loose reduces the skier's ability to control the ski and removes the boot's capability of safely handling the skier in the boot and preventing sprains, ankle and lower leg fractures.

Goggles are another item that justify spending near the top of your means. Just like driving, it is impossible to ski safely if you cannot see. Spend the money required to get ventilated goggles, those with double layered lenses that do not fog. Goggles can be purchased with two removable lenses, one for bright sun and clear days and

one for snow, fog and other flat light conditions. Some goggles have a combination lense good for flat light and clear days, but you may find that these goggles do not do the job in bright sunlight. An alternative is to have a pair of snow skier's sunglasses; however, these will fog up. Specially formulated anti-fog chemicals can be purchased for rubbing on the inside of your goggles and sunglasses. (Vinegar from the condo's kitchen works too.) Never venture to the slopes without your goggles. You may only need them in snow or flat light, but you need them with their flat light (yellow or rose colored) lens when you need them!

After the physical conditioning and equipment selection, you're ready for action. Next month's issue will cover some rules, tips, and common sense thinking to provide safe, injury-free skiing.

---

**FROM:**  
**VICE PRES.-PROGRAMS**  
**TO:**  
**THE MEMBERSHIP**

*In order for the Club to continue to offer the varied activities, new ideas and new people are essential!*

*This is a call for volunteers to help with already planned activities or to bring forth new ideas for activities which the Club may enjoy.*

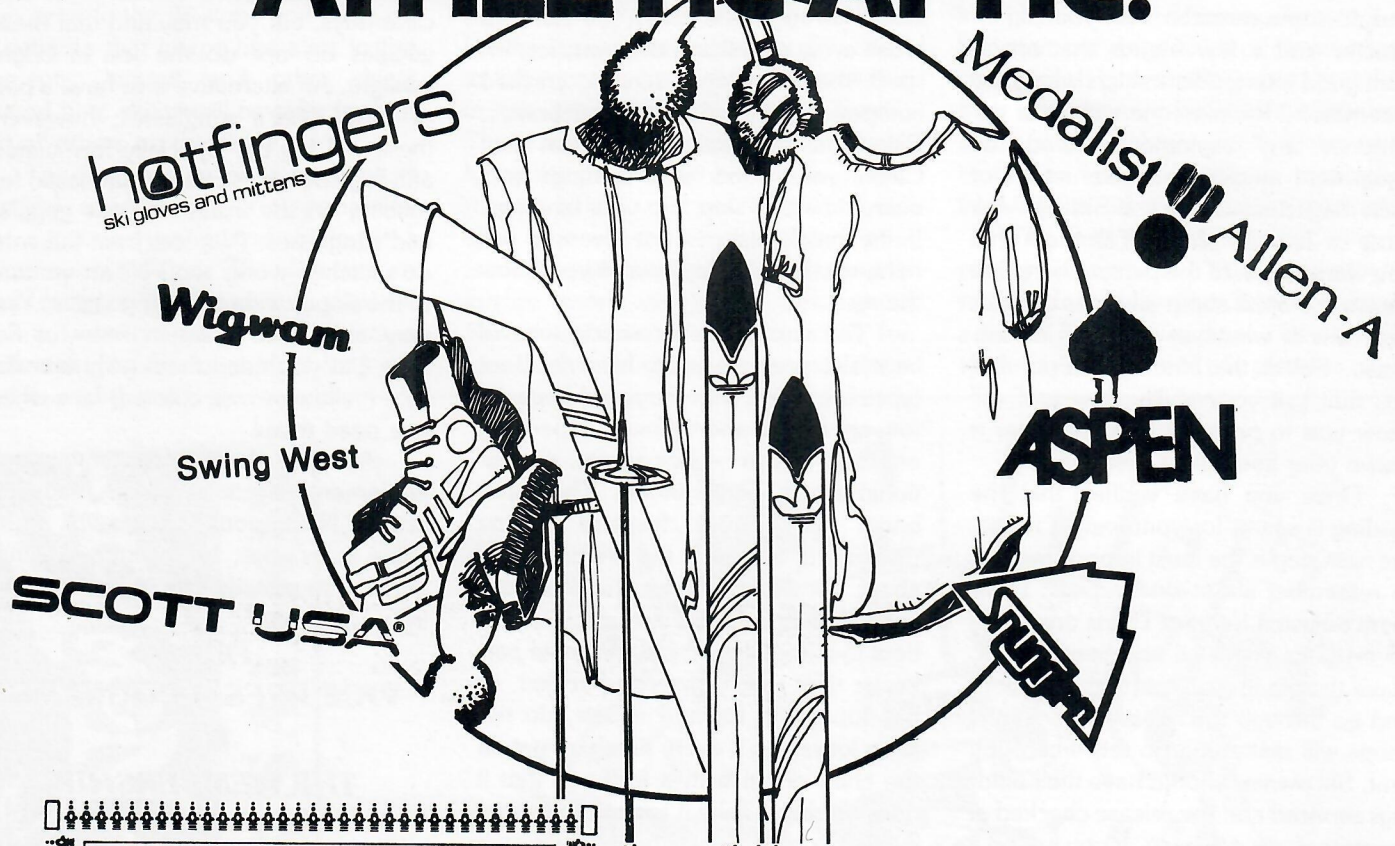
*If you would like to help or lead a program, give me a call, drop me a line, or just corner me!*

*Thank you!*

**Tom Mercer**  
**Hm.: 665-2456    Off.: 663-2137**  
**If you can't find me, try Chappell Hill, Texas (1-836-5746).**



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# Ski Better On the Flat

by Steve Van Pelt

You have just finished skiing for the day. You take your skis off and one ski happens to turn so you can see the bottom. To your surprise it looks like a relief map of Houston's freeways complete with potholes, cracks, and bumps. So you take the skis to a ski shop and ask them to repair them. The next morning you pick up your skis and pay anywhere from \$15 to \$30 for this service. There has to be a better way, and there is — do it yourself.

Before you can start, you need to gather together some tools; an 8 or 10-inch mill file, file card (or metal brush), metal scraper, felt pen, sharpening stone, P-Tex candles (same color as your ski base), and either a Scotchbrite scrubbing pad or 400 grit sandpaper. With the addition of a soft cloth and wax remover you are ready to begin.

On warm skis, first clean the bases vigorously several times to remove all the old wax, dirt, and oil that remain. After safely storing the wax remover, you are ready to start repairing the ski base. Select a P-Tex candle to match your ski base, lighting it with a butane lighter or match. Keep the flame low by using the metal scraper to limit the flame (careful, it will get hot) or by keeping the candle close to the ski. Slowly allow the P-Tex to drip onto the base filling a hole or scratch from one end to the other, always moving in the same direction. This helps to avoid trapping air bubbles in the base. After the P-Tex has cooled, use the metal scraper to smooth the

base. It may take several treatments before the entire base is smooth.

Next use the metal scraper as a straight edge, placing it in about four or five different spots along the ski base. At each spot, note whether there is any light showing under the straight edge anywhere. If the light is shining between the edges, you will need to file the edges down. If, on the other hand, the light appears over the edges, use the metal scraper to remove the excess base material. Even after you start filing, use the straight edge to check your progress.

After securing the ski to a firm base, you take the mill file, holding it at both ends with your thumbs placed between the ski edge and the central groove. With the file at about a 45° angle to the long axis of the ski, start to pull the file toward you, working from the tip to the tail (you can also push the file but pulling gives you more even pressure). While filing, frequently use the file card to keep the file clean and wipe the ski base with a cloth to remove metal filings and dirt. After you have finished, recheck with the straight edge to make sure that the entire base is flat.

Edge filing can be done either by using the mill file or a special tool which holds the file at 90° to the base. While edge filing, it is important to remove only enough to form a 90° angle between the edge and the base. This is usually

done when there is a flat, shiny surface of metal showing along the entire length of the ski.

The next step is to remove the metal burrs that remain. Using the sharpening stone, lightly run the stone along the entire length of the base of both sides and then along the sides. An interesting note, on ice or icy conditions, use the stone on the edge metal only and not the base edge. It helps the ski grip under those conditions. Using a Scotchbrite pad or sandpaper, repeat the above steps of deburring.

Finally, dull the edges at the tip and tail to help eliminate hooking, grabbing or other erratic ski behavior. The amount of the ski to be dulled depends on the skier and the conditions, so the best advice is to experiment. Usually one dulls about 7-10 inches back from the tip and 2-3 inches at the tail. You dull the edges by using the sandpaper or sharpening stone, holding it at a 45° angle to the edge along the above areas.

You are now ready to apply a hot wax treatment. After that, it's mountain-bound and on to better skiing.

For more about waxing, pull out a copy of the July **sitzmarke** and read the article entitled "Wax Is Not Only In Your Ears". As a final note, remember that well tuned and well maintained skis can extend ski life and improve your ability on the slopes.

## Unsung Heros

*A special thank you to those members who volunteered their time and assistance during the October General Meeting.*

### GUESTS & MEMBERSHIP

|                  |              |
|------------------|--------------|
| Dixie Emanuel    | Susan Rehder |
| Tracy Fairbanks  | Paul Romere  |
| Margaret Norris  | Pat Tristan  |
| Gail Quenneville | Carol Yeager |

### LIFTLINERS

|                   |                |
|-------------------|----------------|
| Rov Caviness      | Bill Krell     |
| John Erb          | Bruce Maughs   |
| Chris Ginn        | Sam McKnight   |
| Charles Goodridge | Marian Mulkey  |
| Gloria Hodge      | Karen Putney   |
| Joyce King        | Lori Schaeffer |
| Spencer King      |                |

### DOOR GUARDS

|              |               |
|--------------|---------------|
| Bob Dornak   | Bob McKnight  |
| Bob Fried    | Jim St. Clair |
| Mac McAnelly |               |

### DRINK TICKETS

|                 |               |
|-----------------|---------------|
| Penny Chancey   | Peggy Widaman |
| Dale Englefield | Lynn Zacherl  |

### PINS/PATCHES/DECALS

|                 |                |
|-----------------|----------------|
| Lee Grona       | Sherry Prewett |
| Virginia Kolter |                |

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# Texas Renaissance Festival

by Sandra Palmer

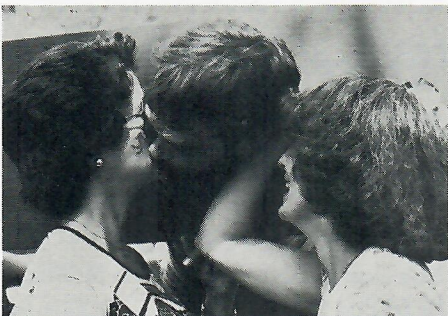
In olden days, noblemen and their ladies, peasants, artisans, and revelers met for competitions, the sale of hand-crafts and foodstuffs, and the enjoyment of simple pleasures of times past.



Inside the gate, ready for a day of leisurely browsing - Art Camero, Beth Nolen, Ginny and Craig Meyer, Karol and Easy Thayer, and Tania Andrasko.

George Hirasaki, Bill Eldridge, and Ron Smith competed on the grounds as Fighting Knights. Bev and Jim Benefield were waiting for him to compete when two unknowns got into it for real. Jim chose to retire untried. Everyone else competed for who could eat the most.

Gene Turboff and Mo Granda participated by getting themselves locked in the stocks. To get released, each had to pay a proper tribute. Each of them tried to find a virgin from which to receive a kiss, but strangely none were to be found.



Beverly Fecel and Joann Kerr trying their best to free Mo Granda from the stocks.

Ginny Meyer managed to get lost from Craig long enough to acquire arm loads of pottery. Karol Tahyer and Tania Andrasko spent time learning about the Spinning of Fibers and the Dyeing of Yarn. Easy Thayer and Sy Liebergot kept comparing buffalo heads and talking about chili. Ray Carroll was awakened from his nap by



Tania Andrasko and Sy Liebergot touring the Japanese Village.

kisses from a lady whom he had never met. Seems her gentleman kept Ray from finding out more about her. Ann McGown came dressed for the occasion in peasant-look dress and shoes. Some of the ever ready, always active members got the opportunity to meet some of the new club assets. Lady Margie Schrock, Lady Lori Schaeffer, Lady Donna Webb, and Lady Pam Perry were properly presented at court. Sir Brent Smith, Sir Toby Davis, Sir Kirk Whitley, and Sr. Charles Doty were named Knights of the Realm. Jay Castille was observed trying to climb Jacob's Ladder. Everyone not on the trip should ask Chris Ginn what he kept saying to his very pregnant wife Jan Livingston all day long. Duff and Angie Trimble, whom we don't see enough of, finally took time off from working and joined us. Margaret Norris quit trying to go to work out of town and made the trip too.

The few aware people on the return trip reported that Tom Mercer and Phil Larson were singing and said that they were telling jokes. Randy White, Bob Marwin, Graham Barnes, and some others got into a game of



BEFORE ... AND AFTER — Ron Smith, Craig Meyer and Easy Thayer experience "Body Painting".

## ANSWERS TO OCTOBER SPOTLIGHT QUIZ

1. Sy Liebergot
2. Beth Nolen
3. Steve Gucker
4. Bob Marwin
5. Sheryl Rogers (Tripp)
6. Tom Mercer
7. Penny Wiggins
8. Linda Steele
9. Manolo Granda
10. Bobbet Cross Olsen

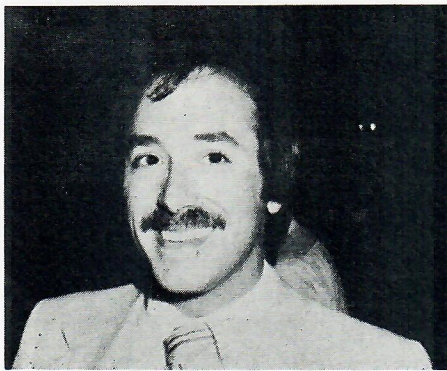
poker. The smokers bus would like to thank Carol Ragan for the stewardess service. More, however, was remembered about the trip to the festival. Pat Tristan kept saying she was telling a joke while trying to undress the male drinkers. We did make one astonishing discovery - the smokers bus drank much more than the non-smokers bus. Of course, one must consider the individual occupants of the smokey bus — Jerry Pyle, Art Camero, Shirley Andries, Bill Krell, Beverly Fecel, and Joann Kerr, to name but a few. This bus left first on both directions of the trip and arrived second. They drink fast but drive slow.

All Sandra Palmer was capable of doing on the return trip was to stay awake, after leading eighty-nine screaming bodies to Magnolia. Pity the two bus drivers.





# Spotlight



**Bill Krell**

With apologies to the November 1979 issue of *Powder* magazine, we borrow the idea for this month's Spotlight. I'm in total agreement with their editors that skiers are a special breed and are constantly on the go. Therefore, upon interviewing Bill Krell, we have followed the presumption that lists are fun to read and have made our own brief, personal compilation of ski-lists:

## **Five things you like best about Houston:**

1. It's home
2. It never rains
3. Pretty ladies
4. Nice people that have moved to town
5. Eight months of summer

## **Things you like least about Houston:**

1. Taxi service
2. Traffic around the Galleria

3. Yanks that come here for the jobs and then gripe about it
4. People that change lanes without blinkers

## **Three things you've already accomplished:**

1. Become a dentist
2. Join SCSC (tried first when 17)
3. Made love to Farrah Fawcett

## **Three (?) goals yet to attain:**

1. A rematch with Farrah
2. 2nd billion
3. Ski back face of Lake Louise
4. Cross Elevator Shaft on Ajax without wetting pants
5. Wants his pool to get as famous as Turboff's hot tub
6. Take an Italian girl on first flight to Mars, because in space you can't smell the sauce.

## **Assets in your personality:**

1. Impulsive nature
2. Lack of structured thought

## **Drawbacks of your personality:**

1. Impulsive nature
2. Lurching before looking

## **Favorite ski resorts**

1. Aspen
2. Lake Louise — between skiing the trees or back face

## **List three essentials of a good ski trip:**

1. Good company!
2. Comfortable clothes
3. Jacuzzi

## **Five thoughts while waiting in a lift or riding up the ski lift:**

1. Hope my \_\_\_\_\_ doesn't freeze off!
2. How could I ride up with that little honey over there?
3. Wish that chick behind me would get her pole off my skis
4. Why didn't I go to the bathroom?
5. Smells like a grass fire in the chair ahead!

## **Five women I'd like to meet for some apres-ski action:**

- 1.-5. Refer to Space City directory

## **Four things to play as a practical joke on a ski trip:**

1. Cut suspenders in two
2. Glue thumb to rest of glove
3. Put olive in ski mittens
4. Chewing gum in ski cap

## **Four places you wouldn't want to go on your next ski vacation:**

1. Machu Piccu
2. Big Apple
3. The Broadmoor
4. Saudi Arabia

## **Three things to shout instead of "single!":**

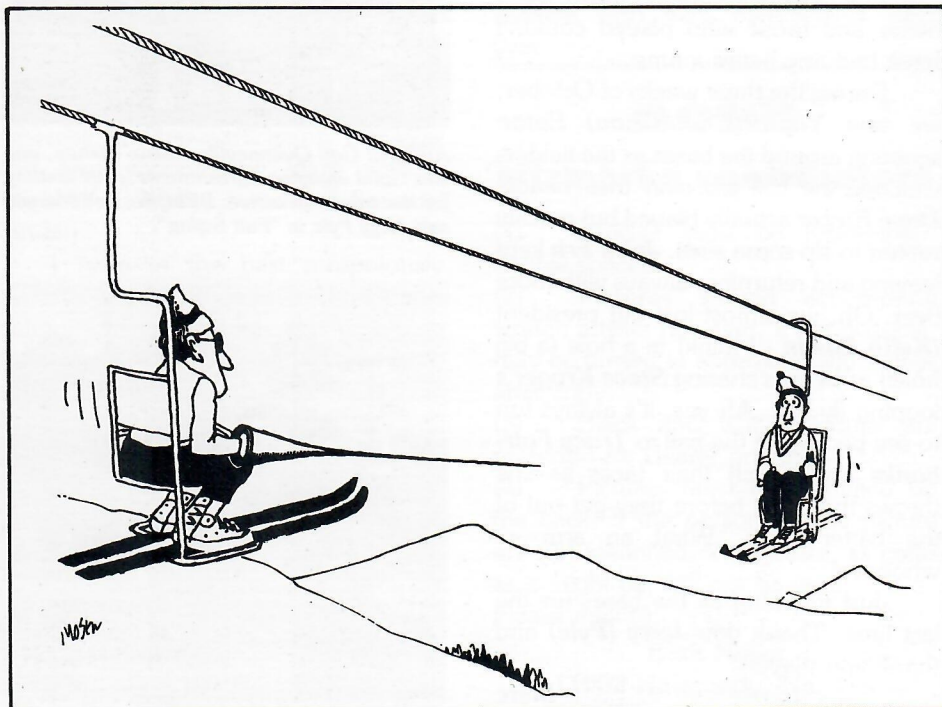
1. Horny!
2. Brandy anyone?
3. Wanna dance?

## **Clever suggestions for ways members can meet each other at ski club meetings:**

1. Don't zip your fly or button your blouse
2. Talk to everyone you see
3. Eat a box of Certs
4. Drink massive quantities

## **Rules to pass on: (Krell insisted)**

1. If your bindings are too loose, you can tighten them up with a coin. But if they are too tight, you don't find out until your leg twists off.
2. Don't go on a slope you can't handle.
3. If worse comes to worse, walk.





# Re:MARKES



**BY AND  
ABOUT  
OUR  
PEOPLE**

Congratulations to:

• **Don Buss** and **Mary Willenberg** who were married on September 13.

• **Arty Allen** and **Jackie Zank** who were married on October 13.

• **Joe Assad** and **Debbie Willis** who were married on October 20.

• **George Hirasaki**, who won his first sailing trophy with a first place in the International 470 Class at the "Waiting for the Great Pumpkin Regatta" sponsored by the Clear Lake Sailing Club. It was not without mishaps, however. Ask George!

The Pentathlon III cookoff was held last month at Bear Creek Park and attracted 87 teams along with approximately 20,000 spectators. This prestigious Dairy-Ashford Lions Club charity cookoff was again chaired by Chili Notable **Ron Charleton** and featured competition in five events: chili, BBQ beef, beans (pinto), gumbo, and stew. "World Championship" trophies were awarded for overall cooking excellence as well as for Showmanship (which is always a necessary "ingredient" in a cookoff).



**Easy Thayer and Sy Liebergot at the Chili cooksite, Bear Creek Park.**

The Sour Krauts, with whom many of us are familiar for their charity involvement, won the second best BBQ beef trophy and took third place as "Overall World Champion" for food. - **Jim Benefield** and **Ray Tully** were seen hard at work around the Sour Kraut's huge BBQ pit. (Tully didn't have his 400 pound knee brace on, 'turns out he only needs it for skiing.) Close scrutiny of the raw scores showed that the **Benefield (Bev and Jim)** beans finished in the top ten of that competition. As a matter of fact, this team finished in the top ten in 4 of the 5 categories.

Not far away, Head Cook **Sy Liebergot** was cooking pinto beans and "Trash Can Chili" for the Bay Area Refuse Firm (BARF) while his wife **Tania Andrasko** took pictures to later show Sy what he missed. With a lot of help from the Trash Can Five band, the BARF finished in the top three for each of the showmanship categories of the Best Team Original Theme and Best Musical and Drama Performance. All this was good enough to garner the third place trophy for "Overall Best Showmanship".

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## Fall Ball

That's all, folks! Well, 'till next summer that is. Pack up your gloves, bats, etc. and bring out those boots, skis and poles; summer/fall softball is over.

The weather couldn't have been better and those who played couldn't have had any better a time.

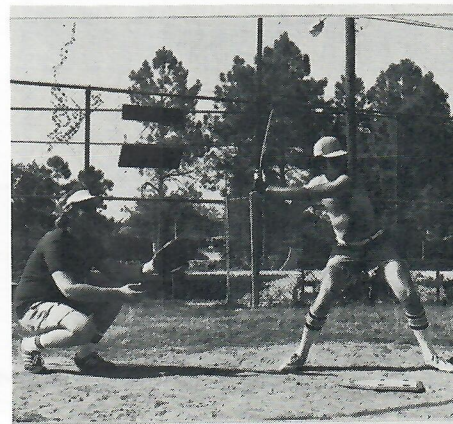
During the three weeks of October, we saw **Yana (Choo-Choo) Eator** scooting around the bases as the fielders watched the ball sail over their heads. **Dave Rietze** actually played but quickly retired to sip some suds. **John Erb** kept leaving and returning, always with more beer. Oh, we almost lost our president (**Keith Eastin** - I think) in a hole (a big hole!) as he was chasing **Steve Kroger's** looping fly ball. Ah yes, it's always fun to see people hit the ball to **Tracy Fairbanks** and watch their faces as she throws them out before they get out of the batter's box. What an arm — whooooo!

Just touching all the bases for the last time. Thank you **Jerry (Pyle)** and thank you players!

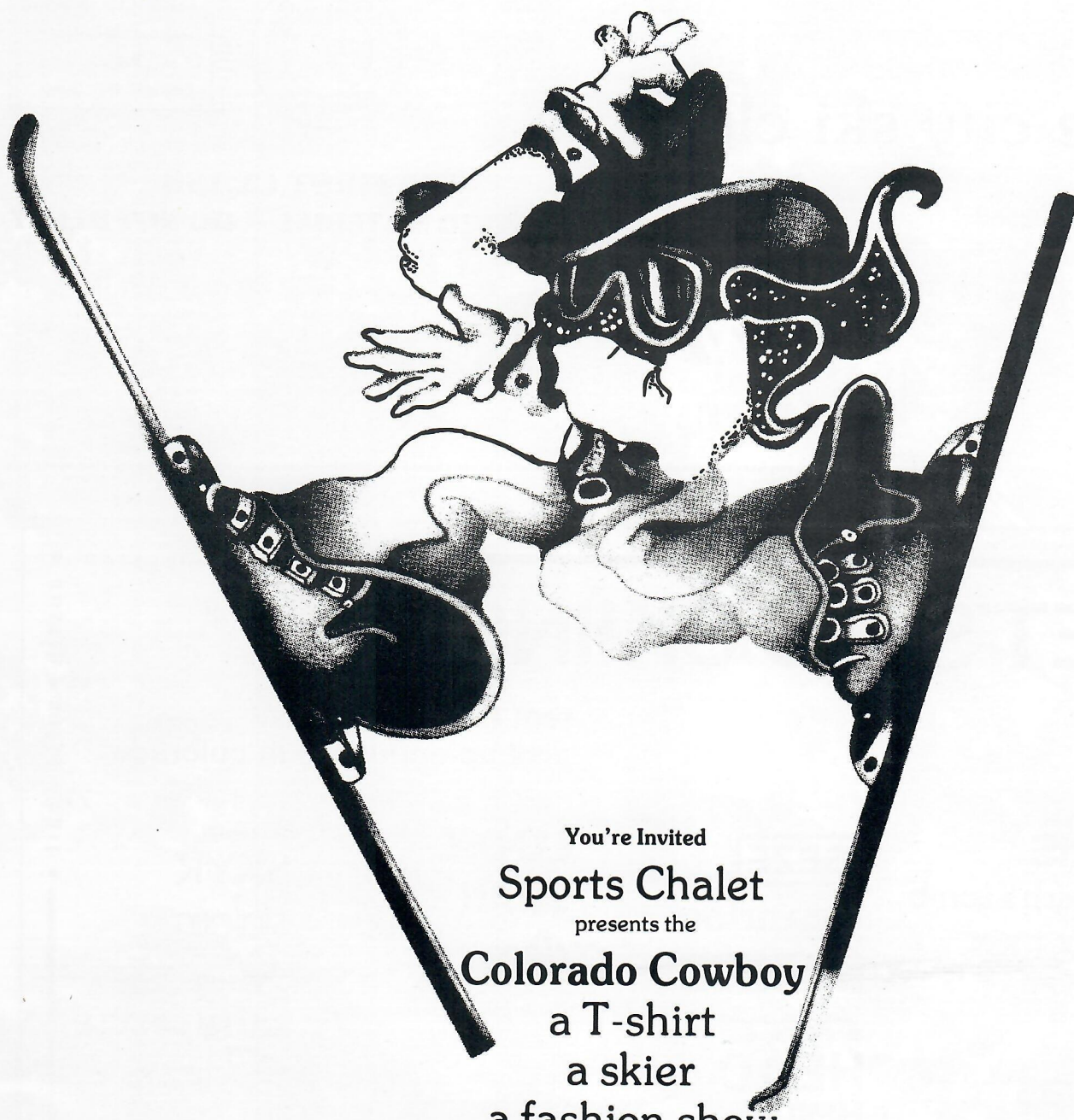
**Merc**



**ABOVE: Gail Quenneville, Glenn Bishop, and Jim Guild enjoying refreshments while waiting for the troops to arrive. BELOW: Bob Marwin and Jerry Pyle in "Full Swing".**







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