

# sitzmarke





# 1979 - 1980 space city ski club



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★ MONDAY ★ DECEMBER 10 ★ 7:30 P.M.

Sonny Look's SirLoin Restaurant So. Loop W. at So. Main SHOW YOUR 1979–1980 MEMBERSHIP CARD AT THE DOOR

# **SCSC STYLE SHOW**

Featuring latest styles for your next ski trip — fashions for on and off the slopes. Sponsored by OSHMAN's.

★ EQUIPMENT DISPLAY ★ DOOR PRIZES ★ GIFT CERTIFICATES



• FOR RENT: Ski the Summit! Four bedroom, two baths deluxe house overlooking Lake Dillon. For rent by the week. Phone 932-8674 from 8:00 to 4:30 Monday through Friday.

# sitzmarke deadlines

- ★ December 14, 1979
- ★ January 16, 1980
- ★ February 14, 1980

#### **PLEASE CARPOOL!**

SCSCers, we need your help! Attendance at our meetings is great but our PARKING SPACE IS LIMITED. Please park in Sonny Look's lot only. The security guard is on duty only during the meeting period. Don't leave your car on the lot after meetings. Most of you go home with a friend; so carpool to the meetings and help us with the parking problems.



membership status as of November 30, 1979 Membership Total......1,400

# **NOTICE!**

There is a waiting list to join SCSC. If you are moving out of town and would like to relinquish your membership, please contact **Tiny Aitken**, phone 780-4780.

#### 1979 - 1980 OFFICERS

Keith Eastin	))
Easy Thayer	1)
Tom Mercer	))
Tiny Aitken	()
Beth Nolen	()
Sheryl Rogers	()
Craig Meyer621-5594 (H Treasurer	1)
	-

#### **EXECUTIVE BOARD MEMBERS**

Current Officers
------------------

Bob Allgei	ier, Chairman
Shirley Andries	Mary K Nicholson
Jim Benefield	Bob Olsen
Cynthia Lackey	Janet Pickell
Sy Liebergot	Jim Plummer
	Gene Turboff

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Joe Cotrone Anne Benefield

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Head of the Liftline	Keith Eastin
Spotlight	Vicki Schmid
The Sitzmarke is publis SPACE CITY	

Volume 12, Number 8

December, 1979

# head of the liftline



#### by Keith Eastin

If you have done any recent commercial flying, you are no doubt aware that the cost of airfare in the last year and particularly in the last three or four months has risen dramatically. This fact has become particularly important to the Club in the pricing of its trips.

As was discussed at the last general meeting, the airfare to Salt Lake City for the Thanksgiving trip rose from \$205.00 early this summer to over \$264.00 at the time the trip left. Trips were originally budgeted in July of this year. At that time and based on estimates given by airline personnel, we budgeted into the cost of each trip, a 5% to 10% increase in airfare over the period to its final payment date. In fact all fares have risen not 5% to 10% but closer to 30% at the present time. We can complain that the airlines are profiteering from their newly found "deregulation" or we can look at what is probably a more reasonable explanation: fuel costs have risen in the past year by more than 60% and are currently rising at the rate of 7% per month.

Whatever the reason, the Club is faced with ever-increasing airfares and in turn must pass these increases along to the trip participants. The Executive Committee has taken two steps to ease the airfare increase problem. First, as earlier reported, a portion of last year's budget surplus will be returned to trip participants this year. At its June meeting the Committee voted to return the sum of \$4,000 to ski-trip participants in a method to be later decided. Given our current estimated number of club skiers, this year an average "rebate" of approximately \$6.00 to \$7.00 per skier is probable. This sum will be used in part to offset airfare increases.

Secondly, due to limits on the availability of scheduling, the Club utilizes only two airlines to handle the great majority of its trips: Continental and Texas International. Continental estimates that its fares will increase an additional 8% to 10% on or about that same time. Further fare increases such as these can be avoided provided we purchase tickets for trip participants for the remainder of the year prior to the "scheduled increases." The Club's cash flow and treasury are in a position to utilize its current assets to make ticket purchases earlier than the airlines would otherwise require. To the extent permitted by the Club's finances, tickets will be so purchased.

Thus, through these two methods for stalling further increases, we anticipate that we will be able to hold the increases in the Club's Colorado trips to between \$25.00 and \$30.00 per trip over earlier advertised costs. The Park City trip, given its greater distance will increase by a larger amount, although other factors should hold this amount down, (more about that in later articles.)

We trust that all will understand the necessity to pass along these increased costs and we hope that this will not duly affect the enthusiasm and attendance on the trips during the rest of the year.

## DECEMBER 29 SCSC "SPECIAL" at THE MOUNTAIN (S.W. Fwy. & 610 Loop) Activities all day with

Pre-TSW Race from 8 to 10 am

# **Unsung Heros**

A special thank you to those members who volunteered their time and assistance during the November General Meeting.

#### **GUESTS & MEMBERSHIP**

Dianne McLaughlan	Marilyn Shurgin
Ginny Meyer	Pat Tristan
Ruth Robbins	

#### **DOOR GUARDS**

Joe Assad Pat McLaughlan Ken Catherman Frank Riesenberg

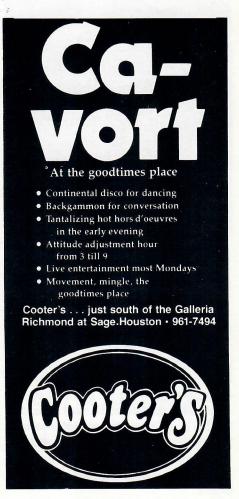
#### LIFT LINERS

John Erb Gloria Hodge Joyce King Spencer King Bill Krell Marian Mulkey Karen Putney

#### **DRINK TICKETS**

Jane Barnes Dorothy Bell Lynn Burch Dale Englefield Billie Nowak

SOUND SYSTEM Pat Webster





# **Mercer's Annual Campout**

by Ron Smith and Tom Mercer

"Hey, Ike, let's mosey over to Mercer's place." "What fur, Joe?" "Ain't this that weekend them city folk come up here 'n carry on?" "I think you're right -- let's wander over and catch what strangeness is happenin'."

Ah, yes, once again the cool, calm October days were shattered by those nature-loving folk from the Space City Ski Club. Chappell Hill residents are beginning to adapt to the invasion —mostly by leaving town, but those who stayed behind were ready and weather couldn't have been better.

One of the main events of every campout has been eating, and we did our share again this year. Those arriving Friday were treated to **Sy Liebergot's** "Buffalo Snort Chili" and cornbread. Mix in some beer and wine, and Chappell Hill, Chappell Hill here we come!! Saturday morning, with **Margaret Norris** organizing, (I don't think she got out the kitchen all weekend), a good country breakfast was served. It seemed lunch was there before we knew it whew, only sandwiches.



The Lunch Bunch gathering on the front porch at "Mercer's Plantation". The last chow-down before the official games begin ...

Saturday evening was a special treat with barbeque beef a la **Ron Smith**, beans (Sy again), and salad. **Jerry Pyle**, with a little help from **Pam Perry**, surprised the group with cinnamon wheat bread — super fine! With tummies full, everyone dispersed to a restful night, only to be awakened Sunday morning by the booming voice of **Bob Marwin** "Come and get 'em" — his magical ski cabin eggs had made the menu again. (Were there really grapes in there, Bob?)



ABOVE: Ed Taylor, Sy Liebergot, Nancy Carne, and Ron Smith shucking the corn for Saturday evening feast. BELOW: The assembly line in full swing again thanks to Marwin's kitchen crew and their ski cabin eggs.



We did do a few other things besides eat:

This was the first year of the Farm Olympic Games, with games of skill the egg toss, games of speed — the fivelegged race, and games of strength the tug-of-war. Hard throwing **Tracy Fairbanks** and dainty catching **Ed Knight** won the egg toss. (Did anyone check their egg?) The team headed by **John Erb** won a disputed five-legged race. The tug-of-war had to be moved from the banks of the "great lake" to onshore. **Stan Ferguson's** horse, Major, was ruled ineligible, so **Keith Eastin** filled in as his substitute and pulled his Orange Team to victory. When the points were



ABOVE: The first heat of the five-legged race. John Erb's team is the only one having rope "trouble" here. Could that be the secret to winning? BELOW: THE Tug-of-War Team — Carol Ragan directs Mascot, Major (later disqualified), followed in line by Keith Eastin, Margaret Norris, John Erb, Shirley Andries, Phil Larson, and Jim Gaugler.



# Stay in shape year 'round - play RACQUETBALL

By popular demand, an SCSC Racquetball Roster is being constructed. Find new and challenging opponents – let your talent be known. Contact:

JAMES WEISKOPF 7714 Ashmole - Houston 77088 (H) (O) 931-0385

# Safe, Common Sense Skiing, Part II

Last month's article reviewed a few necessary preparations for the skier before taking to the mountain. As the skier progresses from the preparation to the performance stage, his responsibility is extended to include others, and he must ski according to the rules of the slope and with more than the usual Southwest Freeway amount of common sense. The next wise step, particularly if he is a beginner or an advanced beginner, is to take lessons. Statistics show that 70 percent of all people injured while skiing have had less than three lessons.

After a few lessons, the first approach to the slope is probably via the chairlift. We'll cover this lightly to attempt to assist the beginner's confidence. RTFS- (read the friendly signs) as you go through the line. Remove your pole straps and carry them in whichever hand is specified by the signs at each lift. When you get up close to the chair, be alert. If it is your first time or you have not yet mastered the knack of loading, tell the loading attendant that you need assistance. These people have been through a training program, are basically courteous and will probably slow the chair down to assist you. Slide up to the waiting point

added up, the Yellow Team had collected enough points to win the championship (and Houston Oiler **T-shirts**) outright. Just for the record, the Yellow Team was 67% women, proving that guile and a bit of face powder can overcome muscle and sweat. One of the Yellow Team members, *Marlane Caravella*, was sidelined with a broken leg several weeks ago, but she was there to cheer her team on.

Tiny Aitken, Pat Tristan, and Marilyn Shurgin began the "Plummer Marathon" but returned believing drinking and relaxing were more to the order of the day. Carol Ragan, Gail Quenneville, Sue Bohnert, and Sandra Palmer decided traveling by horseback (Major, that is) was a more satisfying mode of viewing the distant corner of the farm. The only unsuccessful rider was Jim Plummer who, word has it, was asleep on the horse. and then out onto the loading mark when your turn arrives. Be sure that your skis are parallel and pointed straight up the hill in line with the chair's cable. Look over your shoulder and twist your body in the direction of the shoulder whose hand is not carrying the poles. Keep your skis pointed straight uphill. As the chair approaches, relax and bend your knees slightly so that you can sit in the chair just as it comes under you. It helps to reach back just a little and grab the bar or chair frame as the chair approaches to help you get the feel of the chair's speed. Face straight ahead and don't swing your skis or the chair as you go up — your partner may be greener than you and have height or motion sickness. As you approach the unloading end, there will be some friendly signs again. Look around to ensure that your clothing, camera, boda, or pole straps are not entangled with the chair frame or your poles. Grasp your poles in the free hand, bring your skis

parallel about six to ten inches apart pointing straight ahead and raise their tips. You can even place your free hand on the chair frame or seat. When you feel your skis' contact with the unloading ramp move up under your boots, start putting weight on them, stand up pushing yourself forward from the chair. Your parallel skis will do the rest. Ski at least ten yards away from the unloading area and put your pole straps back on. If you elect to chicken out and fail to get out of the chair, the lift attendant will stop the chair and you will have to climb out. Again, if you are uncertain about unloading, signal the attendant. If you can get his attention, he may slow the chair or assist you.

If you have had the misfortune of losing a ski while riding up, hail the chair in front of you. Have those people tell the operator of your plight. Once again he will come to your rescue Unless told to do so by the lift attendant, do not (continued on page 6)



Carol Weise, Jim Gaugler, Nancy Knight, Beth Nolen, Ray Carroll, Ken Catherman, and Hank Faulkner were among a multitude who played volleyball. Dave Reitze and Laura Golden were only seen at mealtime, so there's no telling what kind of games they were playing.

Again this year, the makeshift bathing facilities attracted a lot of attention. Girls, **George Hirasaki** appreciates the shower pictures. He says Playboy wants them for the new feature, "The Gals of Chappell Hill."

By Sunday things were quieting down. *Phil Larson, Shirley Andries, Harold Green,* and *Chris Richardson* disappeared on an extended motorcycle race. *Graham Barnes* and *Joann Kerr* tried to set a new record for the longest continuous time in a hammock. *Stella Ramirez* managed to lose her whole bank roll in *Tom Mercer's* floating crap game. (*Ask her.*) Special thanks to **Penny Chancey** for volunteering her father's truck and **Glenn Bishop** for his muscle in helping Marwin and Mercer return those handy port-a-cans. What a ride!



The Port-A-Can Brigade: Tom Mercer, Glenn Bishop, Stan Ferguson, Penny Chancey, Bob Marwin, Chuck Dutton, John Terzakis, and Sy Liebergot. Thank you guys!

So we close another chapter on the campouts at Chappel Hill with a happy birthday to **Ed Taylor** and **Tom Mercer.** 

#### Safe Skiing ... (continued)

attempt to ski down the off-ramp, especially if the ski is dangling by its safety strap.

If the lift stops during the ride for some reason, stay on! You may be in the clouds and the wind may be blowing the chair so that it is swinging to the s i d e.

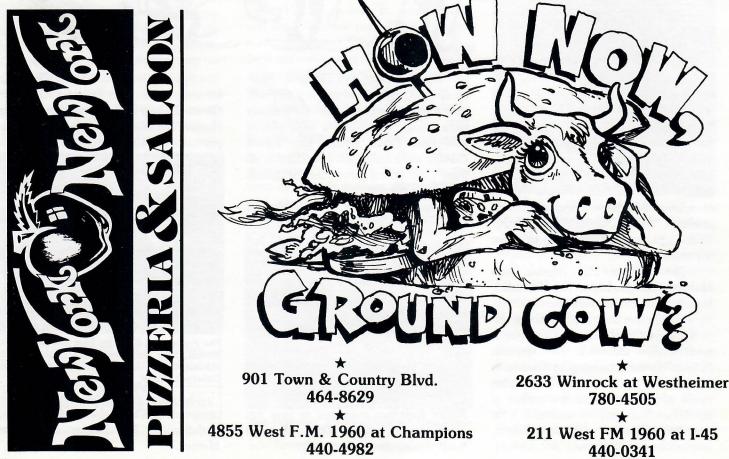
No matter how cold you get, stay on. A jump may break both legs, skis or other bones. Cold in the snow and unable to move will be worse than cold in the chair. Zip up and cover up everything. Yep, there are exercises that can be done on the chair to keep your body warm. CAUTION: Do not work up a sweat! If you are carrying a snack, eat it. Digestion also raises your metabolism.

When down there cruising or bombing the slopes, again, RTFS. The posted signs are there for your welfare and comfort. Never forget that green is for beginners, blue is for intermediates and black is for experts. These signs appear in various issues of the **sitzmarke**, along with other helpful reminders such as traffic right-of-way rules and basic courtesies. It is every skier's personal responsibility to READ AND HEED!

Every skier falls. If a skier does not take an occasional spill, he is not skiing anywhere close to his limit, and by being so intimidated, he is cheating himself out of developing into a skier and the many thrills that come through skiing better with increased confidence. Falling is like being prepared for the time you may be unexpectedly assaulted. In either case, the object is to get away injury free. In your mind, run over what you are going to do. First, once you know that the fall is inevitable (your effort(s) to recover have failed and you are out of control), start your fall like you planned you would and relax some. Your at-home-planningahead may save you some sprains, dislocations and breaks. Your home planning and on the slope execution must start with mental images of landing on your padding - your rear, your shoulders or your upper arms. Avoid landing on your kees, hands or elbows. Just don't stick anything stiff or delicate or firm out to lessen your impact. It may snap. If you find yourself in anything but a forward fall, your mental image should be to sit down, keeping your arms and knees up and out of the snow as long as you can. If a flying forward

fall is unavoidable, your mental picture is to fall to the side so that you will land on your shoulder, bringing your arms in close to your body. When you hit, you will probably roll or slide. If you have to roll, roll on your back with your feet in the air. Stop the roll! Do not roll any more than necessary to get your feet downhill. From then on slide, keeping your feet together downhill. Don't lock your legs and don't dig elbows or knees into the snow to help you stop. Dig your feet in. Injury-free falling can be approached by doing your homework and not panicking. RELAX.

A hazard that presents a much larger problem than the relative portion of the slope it occupies is ice. Ice patches come in all sizes and several colors; all are dangerous. First of all, ski around them, not through them because they tend to be slicker in their center. If there are several scattered around, and the light is flat so that you have difficult seeing, ski to the side of the slope where less ski traffic has worn the snow thin and the trees may have shaded away the melting sun. When you find yourself in an icy area, you can help yourself through with basic skiing techniques. First of all, edge - both uphill edges in a



traverse. When turning, do not dillydally. Make sharp, short radius turns. Get the skis around or the stemming ski out and the downhill ski around and in guickly. Change edges instantly. But in all cases, keep one ski edged. Never permit any slipping in your turns on ice. Whether skiing in a straight line or turning on ice, keep your body weight over the front to rear center of your skis. Keep the edges in. Relax and keep the upper body rather motionless. Ski with your best ski school legs, feet and hips technique. Always face downhill, never allowing your body to over rotate during a turn. Actually, the easiest way to ski ice is to avoid it. If you cannot avoid it, ski straight through it. If you have to turn, remember all of the above.

Flat light presents more potential danger than ice because it may cover the whole ski area and you cannot just simply ski through it. (Flat light is dim light. the term comes from the effect that it has on depth perception. The entire slope looks flat, just like the rope tow slope at the ski school with no moguls or mounds.) The first thing is to ski over to the side of the slope and change to your yellow or flat light lens in your goggles. Whip out your trail map and determine where you are and where you want to ski to. Get an idea where navigational aids are (gondola towers, lift heads and bases, warming huts, or restaurants). Forget that slope that you were headed over to try out for the first time. Plan your way down by familiar routes. Lay off of those new techniques you were practicing and ski with what you do best so that your body is relaxed and can feel the bumps that your eyes cannot pick up. Pick the familiar routes that are not filled with moguls, ice, rocks, difficult snow or anything that requires clear vision. Ski near the trees; this will help you get an idea of the fall line. Slow down — if you cannot see, try it bare-eyed. Try to stay on packed snow. Consider heading for the condo. Here again, you must rely on your basic balanced front to rear ski position. Relax, keep your leg joints flexed. Remember your eves may fool you, but do not look down. Keep your chin up and plan ahead.

If you are wondering if all of this preparation and common sense will have any real impact on your skiing, consider just one page from the Space



City Ski Club's history. In each of the ski years, 1973-74 and 1974-75, the SCSC's accident frequency had increased by 50% of each preceding year. The projected accident rate for the 1975-76 ski year was one per 250 skier days. Before the 1975-76 year was begun, the Club embarked on a rather extensive program to familiarize its skiers with the realism that this is strenuous, serious activity requiring physical preparation, practicing the proper techniques, attention to the details, application in execution, alertness to changing conditions and, most of all, common sense. The actual accident frequency rate was reversed to one per 370 skier days, almost the 1973-74 level. During that successful year, a few sensible guidelines were established - not new,

but they are always good:

[1] Take lessons.

[2] Don't ski with a group whose ability is far above yours.

- [3] Don't take chances.
- [4] Don't ski when tired or exhausted.

[5] Do not ski the toughest run that you have attempted all day as the last run of the day.

You have noticed the increased appearance of ski-related articles in the **sitzmarke**; once again, the Club has increased its emphasis on skiing's real requirement — safe, injury-free skiing. Heed the various ski tips that appear in random corners of the **sitzmarke**. Read the instructional articles and "Ski Pointers" in the issues of **Ski** and **Skiing.** Help yourself; do your part.

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#### Telluride March 1-8, 1980



Dave Walter and Carol Ragan

Step back into the past, into the days of yesteryear. Yes sir, folks, this is the town that gave Butch Cassidy his start. The "wild bunch" and gold powder are gone now but for one fantastic week the excitement and folklore will be relived with the arrival of the SCSC wild bunch and their pursuit of Colorado's finest white powder.

Six new runs have been added to the ski areas that rise out of the old restored Victorian mining town. The town side has long been the domaine of the more adventurous expert skier. But following an exhilarating ride up "cookskin" lift, skiers will be off and skiing on a wide range of slopes offering something for everyone. Of course, Telluride is known for some of its more advanced runs and the expert skiers will find themselves making the ultimate commitment to ski the infamous, gnarly "Plunge" or "Spiral Stairs", both of which offer 3200 feet of vertical skiing right into town. Not to worry for the intermediate, beginner and tired expert skier though. For the chair lifts will also take you down the mountain after 4 p.m.

Forty skiers will leave early Satur-

day morning March 1, for a full seven days of skiing in surroundings reminiscent of the good ol' days. Telluride is a registered historical landmark containing much of the flavor and atmosphere of the grand Old West. A visit to the famous "Sheridan Bar" is a must and is only one of the many features and festivities which includes a contest in the form of old fashioned sledding. So start practicing on your skiing and sledding form and get ready to enjoy what is sure to be a most memorable week as you ski Telluride.

Return is late Saturday night, March 8. Final payment is due on January 10.

> Carol Ragan, Chairperson 14121 Misty Meadow (77079) Home and Office: 931-0385

Dave Walter, Assistant 2001 Bering Drive 8J (77057) Home: 784-1092



TRIP	TRIP DATES	COST	FINAL PAYMENT DATE	TRIP CHAIRPERSONS AND ASSISTANTS	HOME PH.	OFFICE PH.
Winter Park I Texas Ski Week	Jan. 6 Jan. 13	\$374.00	Dec. 6	TC Graham Barnes ATC Tania Andrasko	789-6708 776-9754	656-6239
<b>Winter Park II</b> Texas Ski Week	Jan. 9 Jan. 13	\$299.00	Dec. 6	TC George Sanford ATC Ellie Stern	977-6266 664-1220	977-6266 790-1781
Aspen Traditional	Jan. 19 Jan. 26	\$428.00	Dec. 6	TC Vicki Schmid ATC Hank Faulkner	681-0077 665-4727	241-3966 679-3565
Vail I	Feb. 2 Feb. 9	\$445.00	Dec. 6	TC Carolyn Lowrie ATC Steve Gucker	995-9312 981-6663	667-5601 523-3697
Steamboat Springs	Feb. 9 Feb. 16	\$429.00	Dec. 6	TC Allan Simpson ATC Joann Kerr	448-2279 978-6989	447-0355 782-8370
Taos	Feb. 14 Feb. 20	\$239.00	Jan. 10	TC Bob Marwin ATC Sue Bohnert	772-4039 467-5027	664-6704 869-9371
Telluride	Mar. 1 Mar. 8	\$425.00	Jan. 10	TC Carol Ragan ATC David Walter	497-1183 784-1092	840-2487
Copper Mountain	Mar. 9 Mar. 16	\$390.00	Feb. 7	TC James Weiskopf ATC Beverly Fecel	931-0385 995-7270	789-8000
Aspen II	Mar. 15 Mar. 22	\$484.00	Feb. 7	TC Dave Reitze ATC Linda Steele	781-2957 528-6402	656-4908 961-5755
Vail II	Mar. 29 Apr. 5	\$429.00	Feb. 7	TC Leona Schroeder ATC Alan Bitzer	468-4609 729-1652	497-0723
Park City Spring Fling	Apr. 5 Apr. 12	\$389.00	Feb. 7	TC Jan Livingston ATC Art Camero	723-1331 488-7820	961-2425 428-5225

\*All Prices Subject to Change

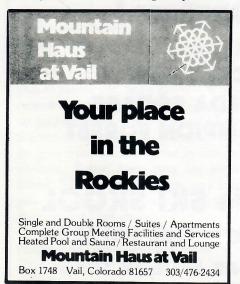
#### Copper Mountain March 9-16, 1980



Jim Weiskopf and Beverly Fecel

If you think gold looks good, just wait 'til you see COPPER! For your next trip, come to "The Mountain" with us. At 7:50 a.m. on Sunday, March 9th, 40 SCSCers will fly Continental Airline to Denver where we'll board a liquor-laden bus for our 75-mile ride to a mountain you'll not soon forget. There we'll rest in condominium comfort at the Copper Valley Inn, fully accommodated with kitchen, fireplace, 2 bedrooms, 2 baths, and a TV so you won't miss any episodes of "All My Children". Also available are laundry facilities, a heated pool and sauna to restore your tired body to life.

Copper Mountain itself offers 45 trails ranging in difficulty to suit virtually every type of skier. Approximately 60% are intermediate, 20% advanced and 20% beginner. If that doesn't satisfy your appetite for the slopes, you can "Ski the Summit" — a single interchangeable lift ticket that gives you all of





"Don't eat yellow snow"

Keystone, Arapahoe Basin and Breckenridge. And remember, Vail is only 18 miles to the west! To get you where you want to go, we're offered discounts on ski rentals and lift tickets good on 8 double lifts, a covered chair and 2 surface lifts. To help you get from there to the bottom in style, you can take advantage of all types of instruction at the ski school.

When the day is done, we'll liven up the nights with cocktail parties, a wine and cheese party, or by meandering over to the nearest restaurant or bar for a little toe-tappin'. Your TC and ATC are even considering throwing a come-at-your-own-risk departure breakfast before our journey home with an estimated arrival late afternoon on Sunday, March 16th.

Get your pocketbook ready for a final payment on February 1st of \$389.00, and come share with us the excitement of Copper Mountain. Remember — all that glitters is not gold!

#### Jim Weiskopf, Chairperson 7714 Ashmole Lane (77088) Home: 931-0385

Beverly Fecel, Assistant 9901 Sharpcrest, F-5 (77036) Home: 995-7270 Office: 789-8000

### **ONE-WEEK SKI TRIP**

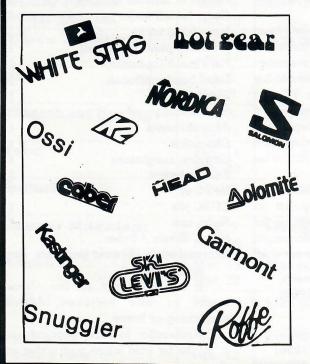
What To Take	How Many
Long Johns	2
Parka	1-2
Ski pants	1-2
Turtleneck shirts	4-6
Gloves or mittens with line	rs 1-2
Outer (wool) socks	3-4
Inner (silk) socks	2-3
Warm up pants (optional)	1
Face mask (optional)	1
Head band (optional)	1
Ski hat	1
Ski sweaters	2-3
After ski boots	1
Chapstick	1
Goggles/sunglasses	1
Suntan lotion	1
Ben Gay	1
SCSC pin	1
Swim suit	1
Skis / Boots / Poles	
Informal apres ski wear (no	o coats, ties

or dresses)

If you can't get all the above items in one suitcase, leave something at home.

Remember to carry your parka. It might be cold when you arrive at the area.

# . ..... WHEN YOU GET READY TO SKI SHOP **DSHMAN'S**



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# Spotlight

by Vicki Schmid



**Bobette and Bob Olsen** 

Ho! Ho! Ho! 'Tis the season to be jolly! And how, Olsens, do you get your jollies?

Both Bob and Bobette answered that question with words like sharing, fulfilling, family, friends, caring, satisfying. Reliving past experiences, renewing old friendships, meeting new friends. All that seems so appropriate at Christmastime is what the Olsens practice year-round.

I must admit that it was an atypical interview; it was more like visiting close friends. When I got to their home, Bobette and her two children (Tray and Melissa, 8 and 9) had just returned from a school program at which Melissa received a trophy for being a pom-pom girl. Bob had also been to the awards ceremony and the entire family was quite pleased with the results. Strong involvement was apparent and as we talked it became more obvious why this is so.

Bobette is from a long line of native San Antonians, originally Spaniards who came to Texas on Castillian land grants. She told one story of her grandfather's train ride into Mexico being interrupted by Pancho Villa looking for the Mexican president's wife and son who were in the same car. I jokingly said something about remembering the Alamo and Bobette revealed that her grandfather, six generations removed, was none other that Deaf Smith, the Texan who warned Sam Houston that the Mexican army was on its way toward San Jacinto!

Superimposed on this rich southwestern heritage is a delightful period of adolescence spent as a California beach bunny! Bobette and her family moved west when she was a teenager and times were spent surfing and sunning. While attending beauty school on a scholarship won along with the 1962 Miss Torrance title, Bobette started college classes at night.

Then it was back to Texas and to Houston. She had the good fortune of working for Carl Gautschi in his beauty salon. Because he insisted and encouraged her to keep on going to school, Bobette got her degree in art education from the University of Houston. That background proved invaluable. She works now with Meredith Long Gallery in what she calls "the perfect job."

Bob grew up in White Plains, a suburb of New York City. He went to Lehigh University, earning a B.S. in chemical engineering and a Masters in management science. It was in his fraternity house kitchen that Olsen got his first culinary experience.

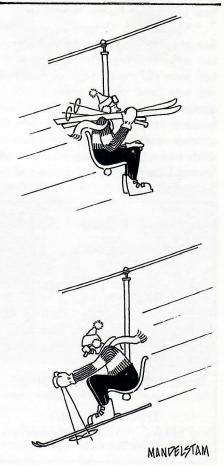
At New York University, Bob completed his course work for a doctorate in quantitative management statistics, but moved to Houston to go into the consulting business before doing a thesis. For some time, though, he commuted between New York and Houston and considered himself quite the manabout-town with apartments in both cities!

Houston finally became home base and Olsen joined the ski club. He was writing an Eatzmarke article (his brain child) for a long past issue of this publication when he was struck with the idea of going into the restaurant business. The first venture was a combination health food bakery/restaurant and there were all kinds of experiments with bean sprouts and and Swiss cheese. The grand closing was three years ago, observed by the first annual Halloween party to raise funds for the U.S. Olympic Ski Team (another Olsen brain child)! The second and third annual goblin gatherings have been at Bob's successful Chicago Pizza Corporation.

And, you might wonder, where and how did Bobette and Bob meet? I love it: In the condo's jacuzzi in Aspen on the Traditional trip five years ago! Both have been very active SCSC members. Bob has been president, represented Texas skiers on the Rocky Mountain Division of the USSA, headed the Texas Ski Council, and is currently on the Board of Directors. Bobette ran a trip to Telluride, organized camping trips, modeled in style shows, and danced in follies.

Skiing has been an activity they've enjoyed for many years. Bobette started on the slopes 12 years ago with leather lace-up boots. While in the east, Bob used to ski in Vermont and really doesn't care if he ever goes back. He traditionally has skied every Thanksgiving since 1966, except the year of the rocks. They have even both broken a leg on the slopes!

We could have visited much longer, but it was late. I looked at my prepared questions, none of which had been asked or answered, with little concern. It was evident that much more had been related through personal experiences. The glow of the fire and the warmth from the wine amplified this couple's generous hospitality and I left with a pleasant festive feeling to appropriately initiate our 1979 holiday season.



# **Nuevo Laredo Shopping Trip**

As the sun slowly rose over Westwood Shopping Center a group of Space City Ski Clubbers with pillows, blankets and assorted breakfast drinks prepared to leave for Laredo. Since the bus was to depart at 7:00 in the morning several members arose at 5:00 A.M. and a few never went to bed the night before. Needless to say we resembled a group headed for a religious conclave rather than the hearty and merry SCSC to which we are more accustom.

After about two hours, life slowly began to flow into our group. The SCSC Bathroom Sextet consisting of Tom Mercer, Mo Granda, Beth Nolen, Art Camero, Sandra Palmer and Ron Smith required all who used the facilities to seranade the bus. From the rear of the bus a few choruses of "It's Now or Never" and "When My Moon Comes Over The Mountain" could be heard eminating. Between verses Art Camero read aloud the latest Cosmopolitan so that Margaret Norris, Sue Bohnert and Ken Catherman, and all within range of his voice knew how to prepare for the "first time".

Stopping in Victoria for breakfast brought our now happy group into contact with a waitress who was not in the best form nor the best mood. Evidently she was tired of her primary job counterbalancing the earth — and couldn't appreciate singing at the counter. However, all was taken in stride and we once again headed south toward Laredo. Our bus driver had no fear of speed and the time really flew.

## Paso del Angel Apts. Taos

Small complex of houses and apartments, close to Plaza, in Town of Taos, New Mexico. All units have equipped kitchens, fireplaces, tub and shower. Jacuzzi available.

Sizes range from 2 to 12 pillows. Priced between \$10 and \$15/person/night.

THAIS BULLARD P.O. Box 512 Taos, New Mexico 87571 Phone 505 / 785-4062 by Lou Schultz

Upon arriving in Laredo several rooms were not prepared so luggage was stored wherever possible and everyone quickly headed across the Rio Grande to Nuevo Laredo and the famous Cadillac Bar for lunch and Ramos Gin Fizzes. **Sheryl Bridgeforth** opened a few eyes wearing shorts and a halter top.



Mo Granda, Ron Smith, Sandra Palmer and Lou Schultz sampling the true Spanish flavor of the Cadillac Bar.

**Tom Mercer** brought his boots to be shined. It took the two small boys who shined them at least a can of polish per boot. Well, no sooner had they finished with Tom then **Ron Smith** arrived. His boots were in worse shape and if you've ever seen Ron's feet you know they aren't small. After that experience, whenever Tom or Ron walked the shoeshine boys tended to run for shelter.

Everyone tried to bring back as much liquor as possible. **Roger and Monica Williams** won with the most bottles and in the process the most expensive taxi ride. They had help in the form of Roger's mother, **Mary Allum**, who was visiting from England.



Bob Hammett, Charles Goodrich, and Roger Williams crossing the bridge back to Texas with their Nuevo Laredo bargains.

Barbara Hamala, Muriel Wood, Nancy Bahr, Ann Highfill, Nancy Garrett and Betty Black were busy shopping at the various stores. Marie Pfau, Ellie Stern, Ann Cody, Ann Cornish and Annice Butler were also shopping as well as making several side trips to the Cadillac Bar and the friendly Garza Liquor Store.

Saturday evening a large group dined at the Winery Bar and Grill. -Janice Francis demonstrated to Jo Anne Weaver her technique for getting free drinks from the bartender. Jo Anne already had her own technique -pour one drink on yourself and then ask for a refill. I wonder if she's an Aggie? By the way, how did Janice and Jo Anne's room key get under Mercer's bed?

The Custom's Officials were very friendly and no problems were encountered on the many liquor runs. Although **Mo Granda** had followed the suggestion on the bus to rehearse "I'm from Alabama" the immigration agent had his doubts — about **ART CAMERO**??



Margaret Norris, Bob Hammett, and Pat Tristan awaiting the bus for home.

By Sunday afternoon our SCSC group was ready to leave. Carrying many bottles of liquor, assorted baskets, pinatas and miscellaneous items we boarded our bus for the return trip to Houston. Several participants immediately went to sleep. **Graham Barnes, Joann Kerr** and a few television addicts huddled around Graham's portable TV.

Spencer and Joyce King, Roger and Monica Williams, Pat Tristan, Bob Hammett and Charles Goodrich passed the time trading dollar bills.

# **Re:MARKES**



BY AND ABOUT OUR PEOPLE

Congratulations to:

• **Pete Dooley** and **Debbie Pence** who were married on November 12.

• *Steve Gucker* for being the lucky winner of the Spotlight Quiz drawing at the November General Meeting. For his almost perfect entry, Steve was awarded an Igloo Playmate complete with sixpack of Miller's Lite.

• **Pete Dooley** (again!) for winning the \$2,600 outboard motor given away by Don's Record Shop and KIKK Radio. Now all you need is the boat right, Pete?

• The **Appleton Apples** for withstanding their torturous debut.



Donna Webb, Roger Williams and Sheryl Bridgeforth enjoying the bus ride back to Houston.

Since Bob and Charles did some "window shopping" in Boy's Town, I hope the money is clean.

**Donna Webb** and several school teachers practiced their vocabulary -especially the p's, c's, and f's.

All in all it was a very enjoyable weekend. As our bus made its way back to Houston all that could be heard were the sounds of sleep, the clicking of many newly purchased bottles of liquor, an occasional voice bidding "nine sevens", and a group of teachers reviewing the alphabet.

A note of recognition to the GAM-BOLERS (SCSC's mixed league softball team) for going undefeated and winning their league. A fourth place finish in the "Just Friends Invitational Tournament" was not a bad end for their first season's efforts. Congratulations to Keith "The Glove" Eastin. Shirley "I don't catch" Andries. Tracy "The Whip" Fairbanks, Ed "The Hog" Knight, Nancy "Pitch" Knight, Jerry "Gomer" Pyle, Fran "I got a hit" Hill, Glenn "The Beard" Bishop, Yana "Choo-Choo" Eaton, Tom "Arf-Arf" Mercer, Jim "Mr. Beer" Plummer. Rick "Jack 'em" McFarland, and Beverly "The Wheel" Farris.

Beasts and beer, witches and wine, pumpkins and pizza all combined on Halloween to benefit the U.S. Ski Team. The Chicago Pizza Corp. restaurant was the site of the benefit cabal and ghost-proprietor, **Bob Olsen** reported that the approximately \$100 profit from the evening would be donated to the United States Ski Educational Trust.



"Fruit of the Loom" Quartet - Tania Andrasko, Sy Liebergot, Easy "Appleton Apple" Thayer and Karol Thayer.

## **Editor's Note:**

The staff of this year's **sitzmarke** is eager to provide the membership with an informative, high-quality publication. In order to attain the most satisfying variety of ads, articles, and activity coverage, we encourage the cooperation of all interested or concerned members. We welcome your requests, recommendations, complaints, and literary and/or pictorial contributions.

Contact:

Beth Nolen 11002 Hamerley, No. 194 Houston, Texas 77043 (H) 468-4268 (O) 757-2610 Ninety goblins and other assorted monsters, maids, mummies, mutts, mimics and madmen competed for prizes for best costume, team pumpkin carving and speed apple bobbing. The Fruit of the Loom quartet (Karol and Easy Thayer, Tania Andrasko and Sy Liebergot) took top costume honors. They were followed by Carol Ragan and Chuck Dutton as Oil Well with Arab and Marcia McElravy as a full bag of Brach's jelly beans.



ABOVE: Ron Honefenger shows how to bob for apples — nothing to it if you don't mind getting wet! BELOW: Carolyn Lowrie, Bobbet Olsen, Bob and Jan Petner — such originality in costumes, and these were losers?



Obscene pumpkins received the most votes with *Jerry Pyle*, *Cliff Zapfel* and ladies pointing the way. *Tom Mercer* bobbed all comers for apples but *Jules Glogovsen* made the biggest splash when he demonstrated that mummies float.

The costumes were so good that we still don't know who else was there, but the U.S. Ski Team says thanks to everyone for their ghostly support.





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# **GLM and ATM, What Is The Difference?**

by Ed Williams

Certified Instructor, Rocky Mountain Ski Instructors Association and Professional Ski Instructors of America

I was asked to write an article on the GLM method. The only way to do so is to compare it with something else along with a discussion to explain skiing principals, biomechanics, equipment and psychology. These are a premise to understanding the various ski techniques and the differences involved.

GLM is an abbreviation of the words **Graduated Length Method**. The pentameter of the initials alone make the method sound good. The idea of utilizing shorter skies for the beginner and working up to a longer ski is an excellent idea and is generally an accepted concept with most all teaching methods. There is more to the GLM method than short skis and these additional concepts are some of the shortcomings of this method of teaching.

Some definitions are in order before we continue. I will define the object of teaching skiing as the improvement of one's skiing ability. There are various stages a student must go through. As a beginner you must first learn to stand on the skis, move around without getting your feet tangled up, and get up when you fall down. Each one of these steps can be a major undertaking. An expert skier must learn to handle all types of snow conditions, terrain, steepness, and speed.

There are certain basic fundamentals that apply in all phases of skiing. The object is to teach the student the most efficient techniques that will eventually guide him to become a better skier. The ultimate skier is the professional and olympic racer. They utilize every concept that allows the maximum of control and speed. We professional teachers learn a lot by studying the racer's techniques. Not that we want to make every skier into a racer, but since those techniques are the most efficient, the fundamentals they are derived from make us better skiers, if we learn to utilize them.

The two most important fundamentals in skiing at any level are balance and turning. Years ago we emphasized other basic principals including underweighting, rotation, counter rotation, forward lean, and angulation to name a few. Because of the advances in equipment design we no longer need to dwell on these principals. I do not mean to imply they are no longer utilized at all because there are times these maneuvers are helpful.

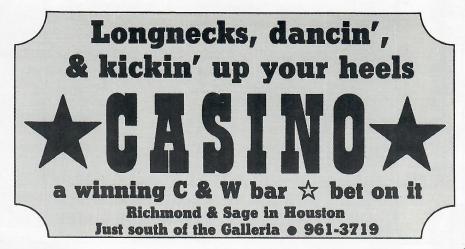
Next to balance, independent leg action is probably the single most important fundamental in skiing today. Independent leg action is the utilization of the weight on one ski or the other at any given time. Independent leg action is a natural function. When we walk, climb or descend stairs, go around objects etc., we naturally have our balance on one leg or the other. We have learned since childhood to firmly put our weight on one foot or the other.

If a ski is edged, the weight transfers to that ski, the student maintains balance (as when walking or going downstairs), that ski will turn. If the proper pressures and balance are maintained on the ski it will continue to turn until the pressure is released. The ski is designed to turn under those circumstances. Today's boots are designed to give you forward lean. Due to the slope of the hill you have a natural edge on your ski. You can easily start the turn by changing the weight to the inside (uphill) ski as you change the edge (angle) of the ski on the snow by either stepping or banking your body. As the ski turns, the inside ski will become the outside (downhill) ski.

Now what does all this have to do with GLM and what, pray tell the beginner asks, is he talking about? The GLM method teaches simultaneous leg action rather than independent leg action. It is easy to accomplish on easy slopes because of the short skis. Wait! you say. A few years ago that was the ultimate, turning both skis at the same time. Parallel skiing! We could go back into the history of ski techniques if space permitted but for the sake of brevity, I will summarize its development by stating that the techniques we used in the past depended entirely upon the design of the equipment.

The GLM method is easier for the beginner in the first two or three days of skiing. Students have a feeling of rapid advancement. They have a great time on the beginner's slope. They also learn habits that sometimes are impossible to correct and with a few exceptions never become good skiers. Only a few ski schools teach the GLM method.

The Professional Ski Instructors of America have developed the American Teaching Method (ATM). This method emphasis independent leg action. It develops better and safer skiers. I have been accused by fellow Space City members of being biased against the GLM method. I have nothing against the method since it obviously helps people have fun on skis. However I am more dedicated to seeing the development of good skiers.



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