



Bob Albein

# Sitzmanarkhe

October 1974

# space city ski club

## 1974-1975

### executive

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     Trips . . . . Tom Baldwin  
     Programs . . . Wayne Ahrens  
     Membership . . . Jeanne Neu  
     Publications . Diane Matthews  
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- Jeanne Bridgman    Jerry Kearby  
 Jerry Chiles        Jerry Maley  
 Ron Crossman      Jim McIntyre  
 Jerry Goldberg     Jean Merritt  
 Jim Grassman      Kay Nevels



### sitzmarke outstanding ski club publication

1972-1973

Diane Matthews                      Editor

Contributors  
 Scott Thompson  
 Jim McIntyre  
 Jerry Kearby  
 Bob Allgeier

Features  
 Ed Williams                      Ski Tips  
 Ann Cornish                    About Houston  
 Peggy Adams                    Apres Ski  
 Bob Olsen                        Eatzmarke

The SITZMARKE is published monthly  
 by the SPACE CITY SKI CLUB.

## SKI MEETING

OCTOBER 14, 1974  
 Monday - 7:30 P.M.  
 Sonny Look's Sir Loin  
 Restaurant  
 South Loop West & So. Main

### PROGRAMS

By Wayne Ahrens

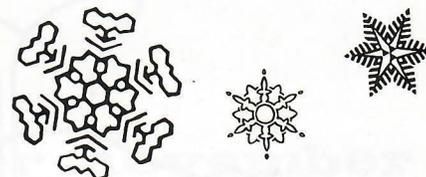
Space City Ski Club has once again started Fall Meetings. We had an excellent film on Utah. We were also fortunate to have four members of the Ski The Rockies organization with us. They were Clark Ball, Jim Davidson, Tom McCullough, and Ken Mompellier.

For the October meeting, we will have John Hanson from Winter Park Ski Area who will tell us about the area and show a movie. Many people will be interested in hearing what John has to say. It would be only common courtesy for those who aren't interested to be quiet or leave.

There are still activities planned that do not require skis. The November 9 Wurstfest and a November Ice Skating Party which you will hear more about later. Also, look for the Board of Directors' 10th Anniversary Party in late October.

### committee chairmen

- Liftliner . . . . Joan McInnis  
 Drink Tickets . . . Anna Maria  
                                     Townsend  
                                     Joyce Sergant  
 Pins, Patches  
 & Decals . . . . .Wayne Cook



### COVER

Smoky Bear, SCSC member in good standing, drew our October cover of Bob Allgeier receiving his mail order skis in gleeful anticipation of skiing those Utah Hills!

BE  
PHYSICALLY  
FIT



### APPLICATIONS

Singles . . . . .	443
Married . . . . .	258
<b>TOTAL . . . . .</b>	<b>701</b>



# get it on!

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Hexcel	Duraflex	Burt
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## Texas Ski Council Meeting

by Jerry Kearby

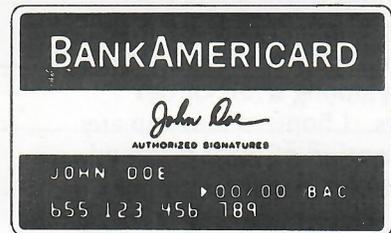
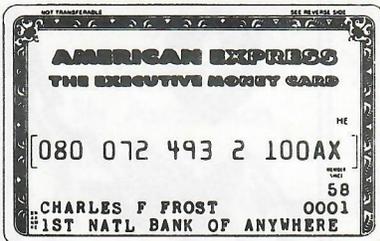
Texas Ski Week at Steamboat for January 19th was the discussion at the Texas Ski Council Meeting in Austin, August 24th. At the present time, we will have seven Texas Clubs competing in the two classifications. The recreational racers will have a slalom on an easy slope, and we will pro-

bably have fun races, such as a beer race where a contestant will be given a full cup of beer, with points given for correlation of fastest time down the slope and most beer left in the cup.

There will be "pro" races for the hot shot skiers, racers and instructors which will consist of downhill and slalom races. Everyone should try to participate in at least one of the classes. If you are a fun racer, sign up for

the recreational races. If you are good, sign up for pro races.

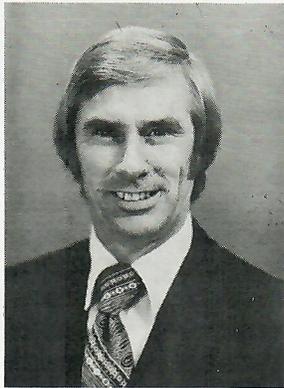
Sign up for Space City Ski Club's trip to Steamboat for the Texas Ski Week races, and encourage members and other Texas clubs to enter the competition. Space City won the trophy last year. If we win the club trophy again this year, we will be allowed to keep it permanently. Of course, the individual winners keep their trophies each year.



# Capital

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## from the head of the lift line



By Harry Gaston

Two months ago I wrote an article suggesting that Space City Ski Club give consideration to providing a trip to be designated as a family trip so that our members who have children of skiing age could introduce them to the wonderful world of snow skiing at a reasonable cost. I asked for your notes of comment regarding this. The written response received has been in favor of this suggestion. However, several comments made to me at the September meeting indicated that there is some misunderstanding regarding this idea among a few of our members. I hope to clear up any misconception of what is intended by this proposal.

During the summer, it came to my attention that one of our members has arranged a ski trip this season which will allow children to accompany their parents. Among those intending to go on this trip are a number of our members, including several of our trip chairmen or assistant trip chairmen who wish to take their children skiing. It seems to me that the Ski Club could be running this trip and making it available to all of our members who are in this same position, and not just for those who happen to hear about the trip through "word of mouth" Such a trip would not interfere with the other ten "adult" only trips being presented, nor would it make the club a "family"

oriented organization. It would provide a service not currently available to a number of our members.

During a recent meeting of the Texas Ski Council, a proposal was made to have member clubs allow participation in their ski trips by members of other Texas Ski Council Clubs, but under certain restrictions. The suggested procedure would be to open trips to outside clubs 60 days prior to a trip departure. Members of the other clubs could reserve a trip space upon payment of a \$100 deposit, with full payment due at the designated date. The advantages of this would be to help insure that all trips depart with full participation, to allow for greater communication between members of the various clubs, and to prompt members to sign up for their own club trips sooner. Your Executive Committee is in favor of this proposal, but in the case of Space City Ski Club, we would probably want to delay opening of our trips to other Ski Council clubs until the time full payment for a trip is due. This is generally 30 to 45 days prior to a trip departure.

Both of the above suggestions require a change in the by-laws of the Space City Ski Club in order that they may be implemented. These matters were discussed at length in a recent meeting of the Executive Committee, and it was decided to present the necessary changes in the by-laws to the membership for vote at the November meeting. The proposed changes are as follows:

### "ARTICLE III

#### Section 8. Ski Trip Eligibility.

- A. A person must be a member in good standing of Space City Ski Club in order to participate in any Club sponsored ski trip.
- B. A person who is a member in good standing of a member ski club of the Texas Ski Council may

participate in Club sponsored ski trips, but only under the restrictions imposed on such participation as outlined in the standing rules.

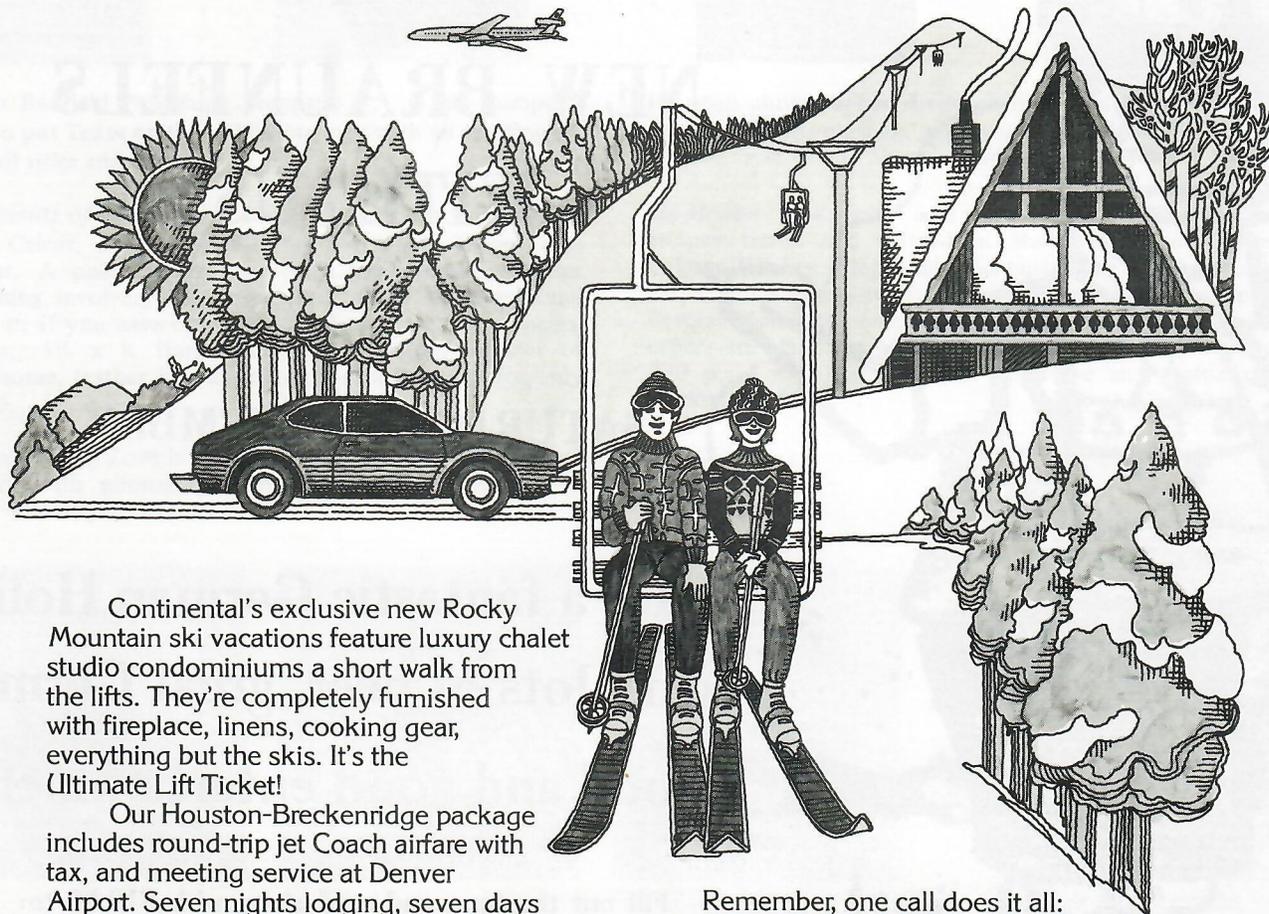
- C. Participation in any Club sponsored ski trip designated by the Executive Committee as a family trip is restricted to a member in good standing of Space City Ski Club, or the children of said member. No more than one trip per ski season may be designated as a family trip by the Executive Committee. The Executive Committee will have the authority to place age restrictions on any trip designated as a family trip."

It is the feeling of the Executive Committee that this change will provide a basis for strengthening both Space City Ski Club and the Texas Ski Council, and will further fulfill the purpose of our club - *"to promote and encourage individual and group interest in the sport of snow skiing"*.

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\_\_\_\_\_

PHONE: \_\_\_\_\_

MEMBER

NON-MEMBER

MEMBERS, FORMER MEMBERS and FRIENDS

TENTH  
ANNIVERSARY  
PARTY

*You are invited to an  
informal Cocktail Party  
honoring*

*SPACE CITY SKI CLUB'S  
Tenth Anniversary*

*Date: Tuesday, October 28, 1974*

*Time: 8:00 P.M.*

*Place: The Summit Club*

*(located on top of the  
Houston Citizens Bank & Trust Building,  
1801 Main)*

Drink Tickets will be sold and an Hors D'oeuvre Table will be provided.

There will be an array of movies, slides, photo displays and other memorabilia covering the activities of Space City Ski Club during its ten year span.



Chairman: BOB ALLGEIER 333-4627  
Assistant: LEE GRONA 783-4174

Chairman: RAY COKER 729-3576  
Assistant: JUDY ALLEN 668-2739

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# Salt Lake City, Utah

# winter park

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THANKSGIVING

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1 Day Lift Ticket

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Assistant: CYNTHIA WRIGHT 783-5457

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SKI 4 DAYS

\$233

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CHRISTMAS

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SKI 4 DAYS

\$174

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\$266

SKI 7 DAYS

\$261



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SKI 6 DAYS

\$189

SKI 5 DAYS

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USSA SKI WEEK



TEXAS SKI WEEK



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Chairman: JOE MURPHY 781-3808  
Assistant: FRAN STEPHENSON 668-8236

Chairman: JOHN DAWSEY 946-4908  
Assistant: RUTH ROY 465-9253

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# Schedule

**Chairman: DONNA DAVIS** 782-8792  
**Assistant: JIM NEWLIN** 748-4307

**Aspen**

*TRADITIONAL TRIP*

JAN 24 - FEB 1

SKI 8 DAYS

\$255

**Chairman: DONNA HAHUS** 667-5417  
**Assistant: DUFF TRIMBLE** 497-2969

**breckenridge**

*THREE MOUNTAINS*

FEB 13 - FEB 17

SKI 4 DAYS

\$188

**Chairman: JANET PICKELL** 723-4992  
**Assistant: GLENN RIEGER** 477-5894

*NIGHT IN SAN FRANCISCO*

MAR 1

**Lake Tahoe, Nevada**

MAR 9

**Chairman: BOB PETNER** 926-4703  
**Assistant: ANN CORNISH** 661-4593

**Purgatory - Telluride**

*TWO NEW AREAS*

MAR 14 - MAR 22

SKI 7 DAYS

\$240

**Chairman: LAURA CALLIHAN** 495-2207  
**Assistant: JIM BENEFIELD** 626-0150

**ail AT EASTER**



MAR 26 - MAR 30

SKI 5 DAYS

\$197

SKI 6 DAYS

## markemaker



by Bob Allgeier

On her Rozzies at Vail last season, this month's Marke Maker beat the other Texas ladies at the Texas Ski Week races. Her name is **Monique Guentensperger** and when this lovely, blonde, green-eyed gal isn't working, she's engaged in any number of outdoor activities. She participates in tennis tournaments at Oakwood Gardens, practices tennis at Woodlake Center and usually plays four or five times a week. What else, when its not snowing north of the equator? Well, she's an avid water skier and good at it. One look at her L'il Monster competition slalom water ski would have given you a clue anyway. This summer she took up "kite skiing"! This is a hairy sport which starts off on water skis and transitions to a kite high in the air and still attached to the boat. It's easy to crash.

Monique was born and raised in Zurich, Switzerland and came to Houston by way of Atlanta and New York. She now is a permanent resident of the U.S. and has been here eight years. But it wasn't always great. She couldn't speak English when she first arrived.

Monique lists a travel interest as a priority item on her agenda and always includes a trip to Europe in the summer. She is a hair stylist in Town and Country and wants to stay up with European fashion trends as well as visiting her parents who still live in Switzerland.

A spring holiday this year

took her to Puerto Vallarta for the sun and sea (not all rest - she took her tennis racket) and ran into the George C. Scott movie troupe who were filming his new movie, *The Savage Is Loose*. Partying with the cast added an unusual dimension to that trip.

Although a creature of the great outdoors (I haven't mentioned ice skating, sports cars, and bicycling), she's not all sweat-shirts and powder skiing (she loves powder with no base - how about that, guys). She loves to cook her native food including fondues and lately, strawberry flambe. At Le Pavillon, she will most likely order Chateau Neuf duPape or champagne. Over dinner, you may discover that she took up skiing at the age of 12 when her parents would rent a lovely little very old chalet in the Alps, almost every weekend for years! Or you may discover that she's crazy about her movie camera or maybe that she sews and has attended a watercolor art class.

## swap shop

500 Solomon Bindings,  
Erbacher 180's, Ladies  
large boots - size 7.

Call Molly Calesky at  
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Please contact Pat Vigeon (phone  
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R. Miertschin (phone 777-2185 or  
228-0815).



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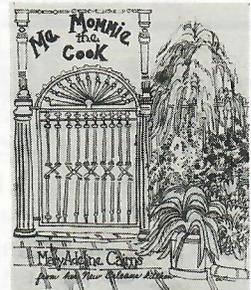
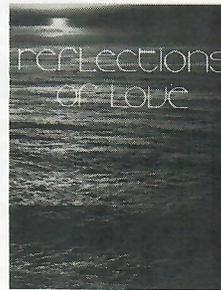
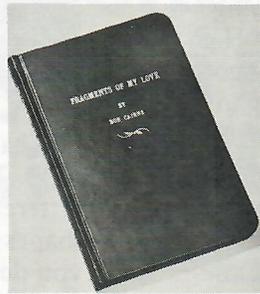
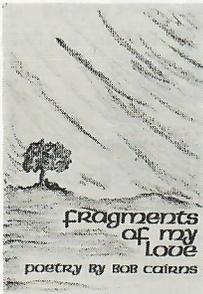
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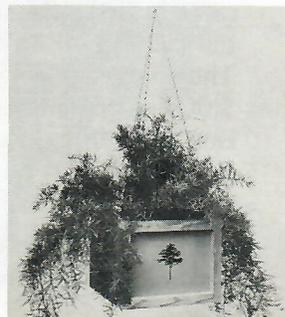
From Redfield Publishing Company . . . a new company out to put Texas on the publishing map with an exciting list of Fall titles and gift items.

*Fragments of My Love* is contemporary love poetry from Bob Cairns, a Houston attorney becoming known as a writer. A poet in life style with great enthusiasm for anything involving the senses, Bob tells it as he sees and feels it. If you have ever loved, you will love Bob's poems. 94 p., 5½ x 8. Hardback, \$4.95. Limited number of handsome, leather bound volumes—a perfect gift for only \$7.95.

*Reflections of Love* is a beautiful volume combining Cairns' poetry with photographs by Bob Straus, a well known

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Hand-made of rough cedar, these rustic planters are perfect for indoors or out! Comparable to planters priced over \$20, these are only \$12.95. The college planter shows the college symbol and school colors. The silk-screened planter shows a lovely tree. *Colleges available:* Texas Univ., Texas A&M, Univ. of Houston, TCU, Baylor, Texas Tech, Rice Univ., SMU, LSU, Oklahoma Univ., Arkansas Univ.



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# apres ski

By Peggy Adams

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**Robert Dickerson** and **Linda Harvey** spent three days at the T-Bar-M Ranch sharpening up their tennis games recently.

**Ron Schmidt** spent a lot of time over the summer months checking out Acapulco, Aspen, Vail, Steamboat Springs and other places to be sure that details for his upcoming personally planned trips were in order.

**Roy Gowell** and **Darcy Featherstone** tied the knot August 28 and honeymooned in Puerto Vallarta. Congratulations! **Jim Plummer** showed up a week early for their wedding reception and was drunk by the time the wedding came along. Jim, you've just got to learn to keep a "social calendar".

**Miles Anderson** and **Adrienne Lewis**, our SCSC thespians, were in TUT's "Most Happy Fella" in August. When you two become big stars, we can all say, "We knew you when."

**Mike Kelly** will be working on a fellowship in the American Cancer Society for the next year. Mike, incidentally, is president of the University of Texas House Staff. It's nice to know that we'll have a doctor on some ski trips this year.

**Karen Steiner** spent a week at Virginia Beach in August. It is near Norfolk, Virginia which has the biggest naval base in the world. She said she was amazed by the number of Phantom Jets flying over constantly. Everything is still status quo in New York, by the way.

**Ron Hartberger** spent the summer in Tokyo working for Exxon this summer. He said it was quite an experience.

**Molly Salesky** who lived in

Southern Germany for four years is back in Houston working on her Master's Degree in Drama at the University of Houston. She is now teaching Drama and English at Alief High School. By the way, Molly got in four good years of skiing in Germany. . . look out for her in the downhill races this year!

Have you noticed the change in **Mark Therrell's** personality? Well, you can add his name to the ranks of the "happily divorced". Mark spent six weeks in Italy this summer and became so addicted to the language that he almost has their accent now.

**Glenn Vickery** has just bought a ranch in Liberty, Texas. He's very proud of it, too. Glenn also spent time this summer in Canada and Hawaii.

**Russell Smith** reports that in the Bay-to-Breakers foot race in California **Don Allen** came in first. Russell wouldn't tell me HIS position in the race. There were approximately 5,000 racers entered. Winning isn't everything, Russell. . . think of all that physical fitness you got for ski season.

The **Scott Granlunds** spent two weeks in Guatemala in July.

**Jay Castille** has been doing his share of sailing this summer. He was in the Corpus to Galveston race and loved every minute of it.

**Bob Petner** and his date, and **Jack Rich** and his group were witness to BOTH male and female streakers in the Rain Garden at the Happy Buddha recently. Bob Petner also reported that he was at Adam's Apple the night Mickey Rooney came in. He said that Mickey was dancing with every pretty girl in the place. Will he ever get old?

If you've done something special, (that we can print) and would like to have it appear in this column, please give me a call after 5:00 p.m at 783-2708.



## ski tips

By Ed Williams  
Certified  
RMSIA and PSIA

What kind of skis should you buy? There are hundreds of different types; they come in all shapes and lengths. The one for you depends upon the performance you are looking for and your skiing ability.

Basically, skis are designed with certain tendencies that make them perform best under certain conditions and application of certain skiing principles.

Skiing powder, you want a ski that is quite flexible and will ride up towards the surface of the snow. There is a slalom cut, which is designed for quick turns; a giant slalom cut, designed for long sweeping turns and a downhill cut, designed for speed with relatively few turns.

Skis have torsion (side flex). The less torsion, the better they perform on icy surfaces, more torsion is better for soft snow. Some have cracked edges and some straight (best for downhill and giant slalom).

Skis are designed with the waist forward, for turning pressures applied towards the tip of the ski; center waist, for turning in a neutral position; and waist back of center, for turns with leaning back techniques.

Most manufacturers have an intermediate ski which generally has a soft flex tip, medium torsion and waist slightly forward. There are short skis designed for beginners, but there are also short skis designed for experts and hotdoggers.

Buy the wrong ski and you may regret it. Rent before you buy. Don't think the higher the price, the better the ski for you. Do a little research.

Next month, boots and bindings.

# Are You Fit To Ski?

by Jim McIntyre



According to results of tests run several years ago at some of the fall ski shows, fifty percent of men adult skiers and eighty-five percent of women skiers are NOT fit to ski. **ARE YOU FIT TO SKI?** If you have not been doing some regular exercises, then chances are, you are not fit to ski. I try to do daily exercises all year around and every fall I embark on a specially designed program for skiers that develops all of the muscles used in skiing. At the end of ten weeks, I am ready to ski.

If you feel you are not in shape to ski, then you should

start some regular conditioning program NOW (Better than never). A good conditioning program should develop endurance or stamina, muscular strength, and flexibility of muscles and joints.

**ENDURANCE.** Running or jogging is the simplest way to build your endurance. If running bores you, then try bicycling or swimming laps each day. This should be done daily for best results, but if you play tennis or softball, then every other day should be sufficient. If it is raining and you can't run out-of-doors, run in place as a substitute. Thirty minutes of running daily will keep

up your endurance for skiing.

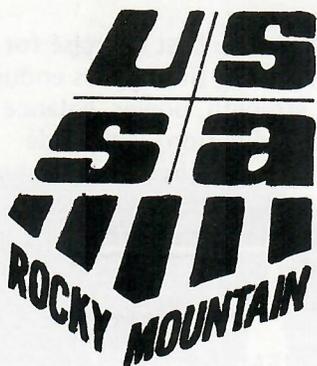
## MUSCULAR STRENGTH . .

Arms and shoulders are best built up by old fashioned push-ups. Do as many as you can, then add one more every other day. To strengthen your back muscles, try this exercise. Lie on your back with arms at your sides, hands and feet on floor, knees bent at ninety degrees, feet slightly apart. Lift hips up, hold, and return to standing position. Repeat ten to twenty times. As you progress, move your feet closer under your body, get up on your toes. Thigh muscles

(continued on page 14)

### APPLICATION FOR MEMBERSHIP

**ROCKY MOUNTAIN  
DIVISION**  
United States  
Ski Association  
1463 Larimer Square  
Denver, Colorado 80202



FIRST NAME INITIAL LAST NAME

ADDRESS

CITY STATE ZIP

CLUB AFFILIATION

OCCUPATION

( ) ( ) MO / DA / YR ( ) ( )  
M F DATE OF BIRTH Yes No  
SEX DATE OF BIRTH MARRIED

Are you the head of household . . . . . ( ) ( )  
Is spouse an RMD member . . . . . ( ) ( )  
Are you currently a member of:  
Rocky Mountain Ski Coaches Association . . . . . ( ) ( )  
National Ski Patrol System . . . . . ( ) ( )  
R M C S R O, Inc. . . . . ( ) ( )  
R M S I A . . . . . ( ) ( )  
Other: \_\_\_\_\_ . . . . . ( ) ( )

PLEASE GIVE NAME Yes No

ONE YEAR - \$5 ( ) THREE YEARS - \$15 ( ) FIVE YEARS - \$25 ( ) LIFETIME - \$100 ( )

AMOUNT ENCLOSED \$ \_\_\_\_\_

TOTAL DUES PAID INCLUDE \$1.00 FOR A ONE YEAR SUBSCRIPTION TO THE "ROCKY MOUNTAIN SKIER"

# THE WINE PRIMER

Scott Thompson

Millions of people the world over drink wine as casually as we drink coffee or soda water. Yet, to many Americans, wine is a complicated ritual, requiring a vast knowledge and a large inheritance. The only knowledge that is required is that you like to drink. As for money, with everything else around us escalating in price, wine is a delightful exception; many wines have experienced twenty, even fifty percent drops in prices.

Make no mistake, wine can become a complicated subject and require a well-padded wallet. Yet, the people of France, Spain, Italy, etc. drink wine for wine's sake - not for the purpose of impressing their peers with their vast knowledge. The average Frenchman consumes over 40 gallons of wine a year, while in America, the per capita consumption is less than three gallons. The average Frenchman, however, will never see the variety of wines you and I can find at a wineshop here in America. Also, the quality of wine that is offered to the French is by no means up to par with the American jug wines.

Why then do we have the disparity? We simply lack a tradition that would permit us to take for granted a bottle of wine on the dinner table and to regard wine drinking as one of life's most enjoyable pleasures. Because wine is not treated casually in this country, there are those who go to the other extreme and create a mystique out of drinking a glass of wine. The fear of doing something incorrect has surely kept many people from taking their first steps in wine. Many wine snobs would have you believe you must know a great deal about wine and its proper presentation

before you begin. The only things you need to drink wine are a corkscrew and a glass . . . two glasses would be better. One of the most beautiful aspects of wine is that it seems to taste better when shared.

The best way to learn about wines is to taste them. There are three different ways to do this. The least expensive way is through organized wine tastings. Whether at a wine shop or at someone's home, where each couple can bring a different type wine, wine tastings offer a variety of wines at a cost that approximates the cost of one bottle. Another way to begin learning about wines is when in a restaurant, try a glass of the house wine with your meal. It will not be anything special, usually an inexpensive California jug wine, but it will be agreeable and you will see how pleasant wine can be with food. If the wine was notably good (or bad), ask the waitress to show you the label before you leave so you will know what you drank. The last way to begin your initiation into wines is to go to a wineshop and buy a few different bottles and try them one at a time. Never buy the cheapest wine in any category, as it's taste may discourage you from going on.

To learn even a minimum amount about wine, you must do two simple things: take a moment to really taste the wine, and look at the label to determine just what it is you are tasting.

With these few pointers, you should be ready to start what is surely one of the most beautiful experiences in the world - the wine experience!

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*(ARE YOU FIT TO SKI?  
continued from page 13)*

can be strengthened by "sitting against the wall." Back against the wall and slide down while moving your feet away from the wall until your thighs are parallel to the floor and your lower legs are parallel to the wall. Hold for five seconds. Increase two seconds a day, but do not skip a day. The lower legs can be built up best by placing your hands flat on wall about chest high, then moving your feet backwards until your heels are just making contact with the floor. Now raise your heels as high as you can, then lower back to the floor. Start by doing two a day for five days, then add one more a day. Because of high-heel shoes and the subsequent shortening of the achilles' tendon, this exercise is highly recommended for women.

**FLEXIBILITY . . .** The best way to gain flexibility of the ankles and knees is to jump rope. Other substitutes include half deep knee bends (squat to a sitting position, then return to standing with hands on hips), walking up and down stairs or stand in front of a chair, and step up and stand on the seat first with the left foot and then the right foot. All of the above should be done moderately at first and increased daily.

Perhaps the best exercise for Alpine skiing (it requires endurance, strength, power, balance and coordination) is the side jump. Place a shoe box on the floor and jump sideways with feet together, and hands on hips, over the box, then repeat back to starting position.

**REMEMBER**, you will only get out of skiing what you are willing to put into it. Thirty minutes of skiing is equivalent to thirty minutes of football. Skiing is a SPORT, not a game, so get in shape and enjoy skiing more!

# Eatzmarke

by Bob Olsen

Thanks to the members who read last month's inaugural article and provided helpful "feedback". No pun intended!

Skiing and eating both hold adventures for those who will try something new. For skiers, there is always the challenge of another mountain, a new trail and varying snow conditions. Food lovers also experience unique and varied adventures right here in Bayou City.

**GO JAPANESE!** Sit on the floor and learn to use chopsticks. Japanese fare is featured at the Mikado in the Smith Square Center at 1719 Colonnade Drive. If you are willing to share the two most expensive meals, an eight course dinner for two with a bottle of fragrant plum wine costs about \$20, tip included. Other prices are much much lower. We begin with a salad (very ordinary - why not soy salad dressing?) and progress through bean curd soup (tasty), and raw fish to tender beef and tasty shrimp dishes with rare oriental seasonings.

Do it Japanese style: drink your soup picking up the bowl in both hands, eat your rice with chopsticks (the rice is sticky but not starchy), sit on the floor (cushions provided). Try to get a seat with your back to a solid wall; the oriental screens which provide privacy at your table do not provide back support. Go and discover for yourself.

**GO GREEK!** Do not, under any circumstances, miss the Greek Festival October 10th through 12th, at the Orthodox Cathedral, 3511 Yoakum. The members prepare for the celebration of their heritage for months in advance. The highlights of the Festival are the food and wine. Go twice - once for the dinner, which is a combination of favorite dishes such as Pastitsio (meat, onions, garlic, nutmeg, cinnamon, macaroni, cream sauce)

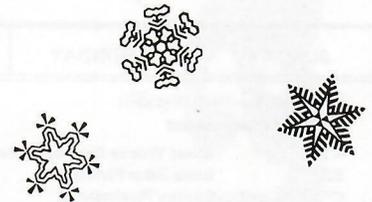
and Moussaka (meat, egg plant, cheese). Go a second time for lunch and try the Souvlakia, a fantastic grilled marinated lamb Shish Kabob. Brave souls will try the Retsina, a resin flavored white wine. Literally thousands of meals are served, so plan to arrive before 6:00 p.m. to avoid long lines.

**GO ARTSY!** Host Walter Henkle serves gourmet lunches 11:00 a.m. 'til 3:00 p.m. and his own selection of fine and interesting wines 'til 7:00 p.m. at the Henkle Galleries. The art and sandwich lunches range from Peter Max to larger scale works. Call ahead to order the gourmet Quail Lunch at \$3.95. You can find this unusual and pleasant setting at 202 Avondale just north of Westheimer.

**GO INEXPENSIVE!** Where can you find a filling appetizer, meat, vegetable and desert dinner for \$2.20? Try Marini's Empanada House at 1517 Westheimer. An empanada is an Argentine pastry filled with whatever is handy. Marini has 50 handy fillings ranging from beef (great), chicken (great), kidney with wine (awful) to raspberry with cream cheese, apple, banana or sweet potatoes. The cappuccino and espresso coffee are not exciting, nor is the decor which is nail keg modern. Nevertheless, Marini's Empanadas make a fun change of pace for a full meal, or a snack, to take out or eat in.

**GO TO THE GARDEN!** Take your pick. 1) plastic greenery at Adam's Apple, 7901 Westheimer, or 2) the real thing at Hilltop Herb Farm in Cleveland, Texas. Adam's Apple has created a Garden of Eden where the Godfather dwelled. If the opening parties were any indication, you can expect good food and rock music for dancing, also crowds. Adam's Apple is probably best described as Boccaccio 2000 West but without the convention crowd.

Madalene and Jim Hill make the Saturday evening or Sunday afternoon hour-and-a-half trip to the Hilltop well worth while. Luncheons are served during the week. There are several no's to be observed: no tipping, no smoking in the dining greenhouse, no credit cards, no menu and probably no seat without a reservation (call 713/ 592-5859 for reservations and directions). Mrs. Hill provides extraordinary flavors from her Herb Farm with dinner prices in the \$9 range. Be sure to purchase parsley, sage, rosemary and thyme plants for your own garden. Mrs. Hill will provide you with information on how to use fresh herbs to improve your own cooking.



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By Ann Cornish

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>OCTOBER – NOVEMBER</b> <b>Key to Abbreviations</b> ATCC - Albert Thomas Convention Center BBP - Burke Baker Planetarium CP - Country Playhouse DGDG - Dean Goss Dinner Theatre JH - Jones Hall MFA - Museum of Fine Arts MH - Music Hall PLT - Pasadena Little Theatre TS - Theatre Surburbia WDT - Windmill Dinner Theatre					Greek Festival, 1:00 P.M., 4:00 & 6:00 p.m. - 12:00 a.m. Houston Opera, Manon, JH, 8:30 Dark of the Moon, BBP, thru November 24 Any Wednesday, WDT, through Nov. 10 See How They Run, DGDG, thru November 2	Greek Festival, 1:00 P.M., 4:00 & 6:00 p.m. - 12:00 a.m. Houston Opera, Manon, JH, 8:30 Nitty Gritty Dirt Band, HP, 8:00
Houston Contemporary Dance Theatre, 7:30 MFA Houston Opera, Manon, JH, 8:30 Traffic, HP, 8:00 <b>13</b>	<b>SCSC MEETING</b> <b>Look's Sir Loin Inn</b> <b>7:30</b> <b>14</b>	<b>15</b>	Camelot, TUTS, MH, 8:00 p.m. Soviet Georgian Dancers, JH, 8:30 <b>16</b>	Camelot, TUTS, MH, 8:00 p.m. Wilson, Alley, thru November 17 <b>17</b>	Camelot, TUTS, MH, 8:00 p.m. Rajko Hungarian Gypsy Orchestra & Dancers, JH, 8:30 Kind Lady, CP, 8:30 Last of the Red Hot Lovers, PLT, 8:30 <b>18</b>	Camelot, TUTS, MH, 2:00 & 8:00 Kind Lady, CP, 8:30 Last of the Red Hot Lovers, PLT, 8:30 <b>19</b>
Camelot, TUTS, MH, 8:00 Oilers vs. St. Louis, Astrodome, 1:00 p.m. Houston Symphony Foster/Pommier, JH, 2:30 Kind Lady, CP, 7:30 <b>20</b>	Houston Symphony, Foster/Pommier, JH, 8:30 <b>21</b>	Houston Symphony, Foster/Pommier, JH, 8:30 <b>22</b>	<b>23</b>	Houston Ballet, JH, 7:30 <b>24</b>	Seesaw, MH, 8:00 Houston Ballet, JH, 8:30 Curious in L.A., TS, 8:30 Kind Lady, CP, 8:30 Last of the Red Hot Lovers, PLT, 8:30 <b>25</b>	Rice vs. U. of Texas, Rice Stadium, 7:30 Seesaw, MH, 8:00 Houston Ballet, JH, 8:30 Curious in L.A., TS, 8:00 Kind Lady, CP, 8:30 <b>26</b>
Sidwalk Art Festival Old Market Square Seesaw, MH, 2:00 & 8:00 Kind Lady, CP, 7:30 <b>27</b>	Houston Symphony Foster/Dick, JH, 8:30 <b>28</b>	Houston Symphony Foster/Dick, JH, 8:30 <b>29</b>	<b>30</b>	Houston Ballet, "Coppelia", JH, 7:30 <b>31</b>	Houston Ballet, "Coppelia", JH, 8:30 Kind Lady, CP, 8:30 Curious in L.A., TS, 8:30 <b>1</b>	Rice vs. Texas Tech, Rice Stadium, 7:30 Mitch Miller/Houston Symphony, ATCC Don Juan in Hell, MH, 2:30 & 8:00 Houston Ballet, "Coppelia", JH, 8:30 Curious in L.A., 8:30 <b>2</b>
Kind Lady, CP, 7:30 <b>3</b>	Houston Symphony Atzmon/Frankel, JH, 8:30 <b>4</b>	Houston Symphony Atzmon/Frankel, JH, 8:30 <b>5</b>	Leipzig Gewandhaus Symphony, JH, 8:30 <b>6</b>	American Ballet Theatre, JH, 8:30 <b>7</b>	American Ballet Theatre, JH, 8:30 Curious in L.A., TS, 8:30 <b>8</b>	American Ballet Theatre, JH, 2:30 & 8:30 Curious in L.A., TS, 8:30 <b>9</b>

**NOTES:** DGDG, all productions, performances daily except Monday, buffet begins 6:30, curtain 8:30. ALLEY performances Tues and Wednesday, 8:00, Thursday and Friday 8:30, Saturday 5:00 and 9:00, Sunday 2:30 and 7:30. WDT, all plays, performances daily except Monday, buffet begins 6:00, curtain 8:30; Sunday buffet begins 12:30 and 5:00, curtain 2:00 and 7:30. BBP performances Wednesday and Friday, 4:00, Friday and Saturday 8:00, Saturday and Sunday 2:00, 3:00 and 4:00.